

#### 2025 Midyear Economic Forecast

Robert M. McNab and Vinod Agarwal

Dragas Center for Economic Analysis and Policy

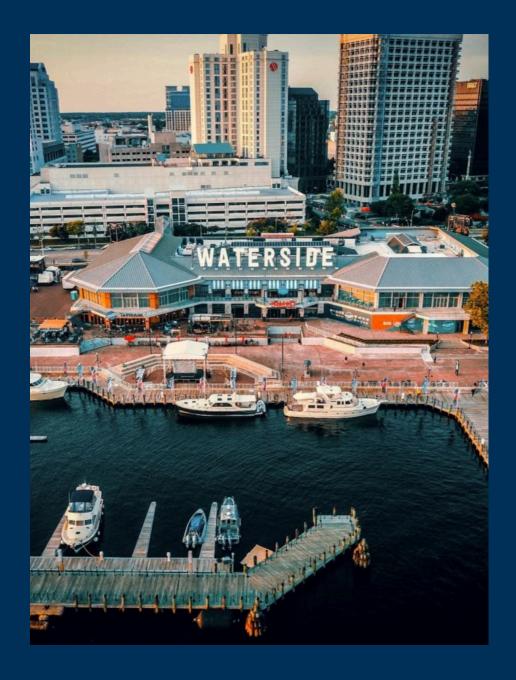
Strome College of Business

**Old Dominion University** 

June 6, 2025





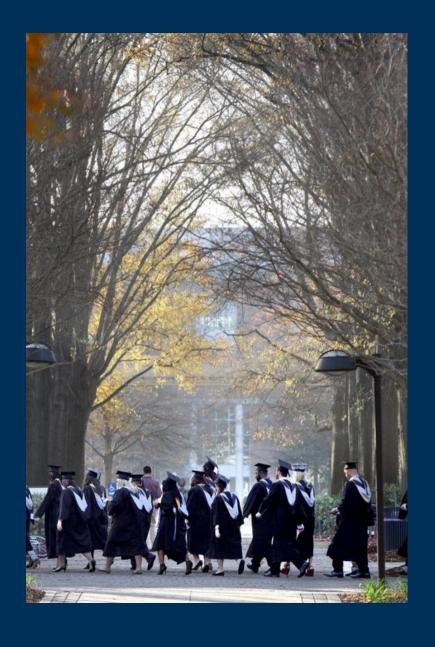


I will cover economic conditions in the United States and Virginia. I will discuss how uncertainty about tariffs and bonds may influence economic growth in 2025 and beyond.

My colleague, Vinod Agarwal, will examine economic conditions in Hampton Roads with a particular focus on defense spending and housing.

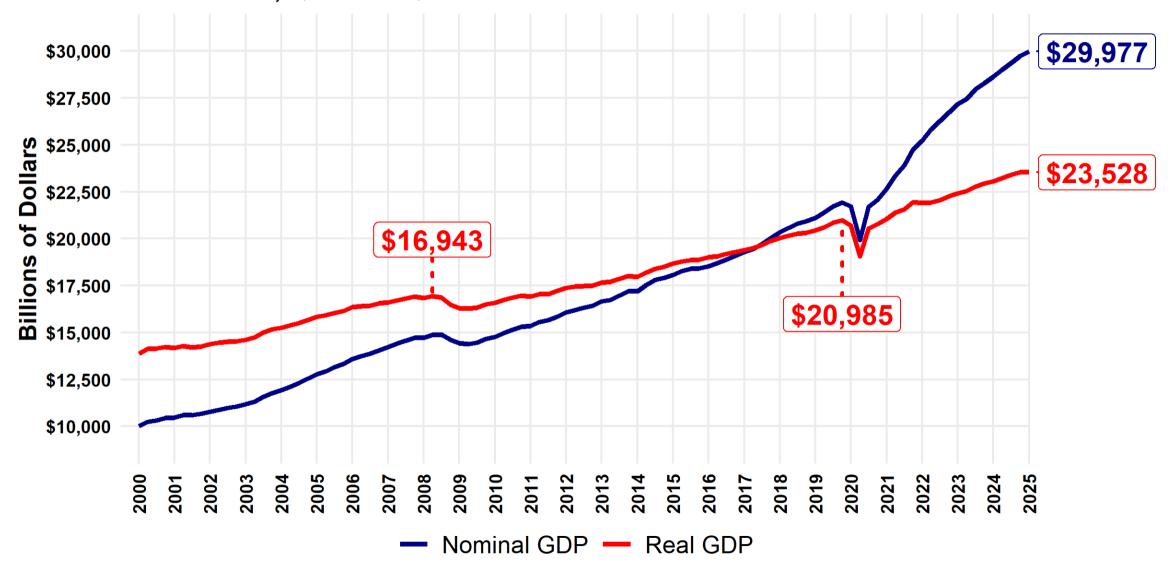
We will conclude with questions from the audience about how the United States, Virginia, and Hampton Roads may fare in 2025 and beyond.

All our presentation materials can be found at our website: www.ceapodu.com

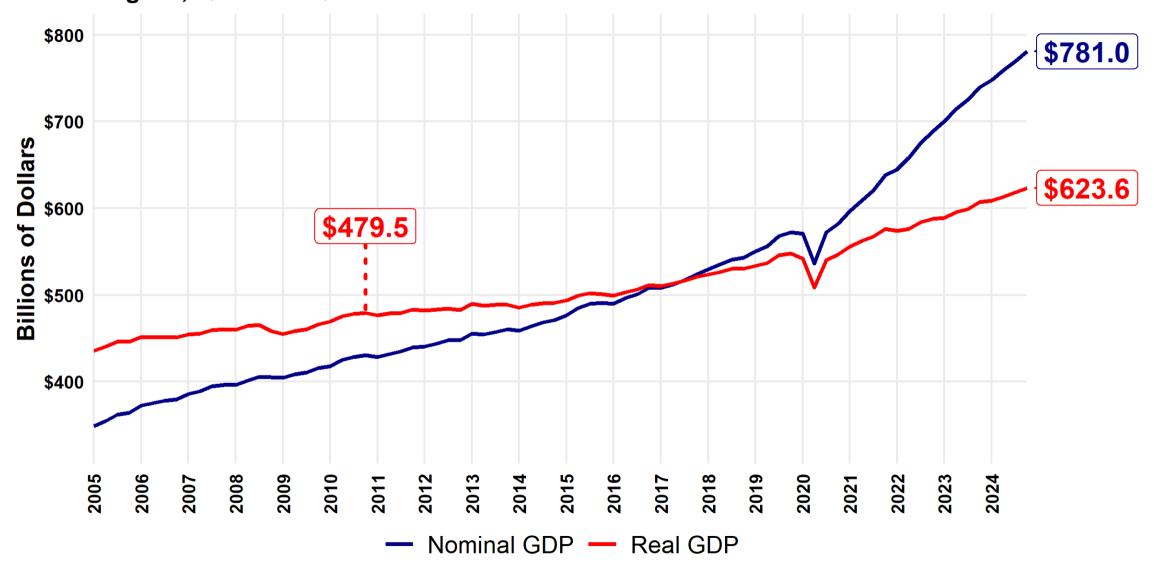


Our forecasts and commentary do not constitute official viewpoints of the Commonwealth of Virginia, Old Dominion University, its President, Brian O. Hemphill, Ph.D., the Board of Visitors, the Strome College of Business, or the generous donors who support the activities of the Dragas Center for Economic Analysis and Policy.

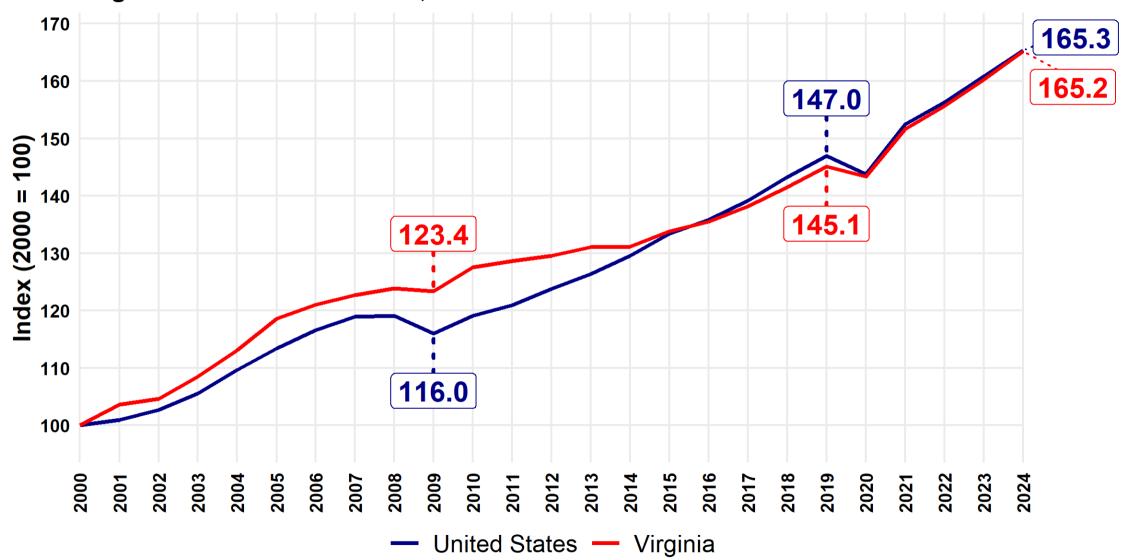
#### Nominal and Real Gross Domestic Product United States, Q1 2000 - Q1 2025



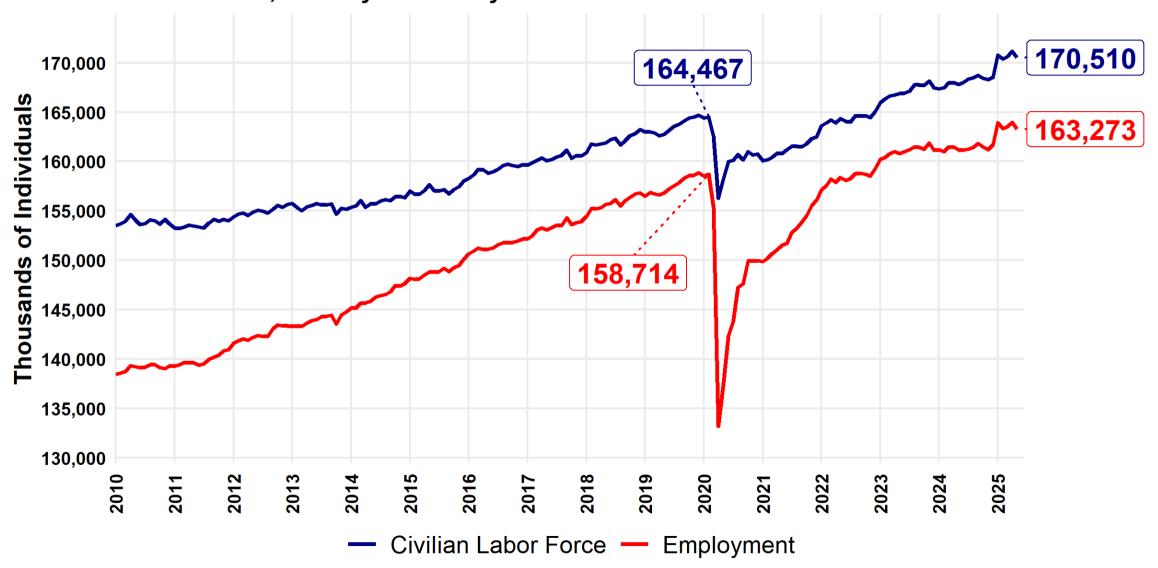
#### Nominal and Real Gross Domestic Product Virginia, Q1 2005 - Q4 2024



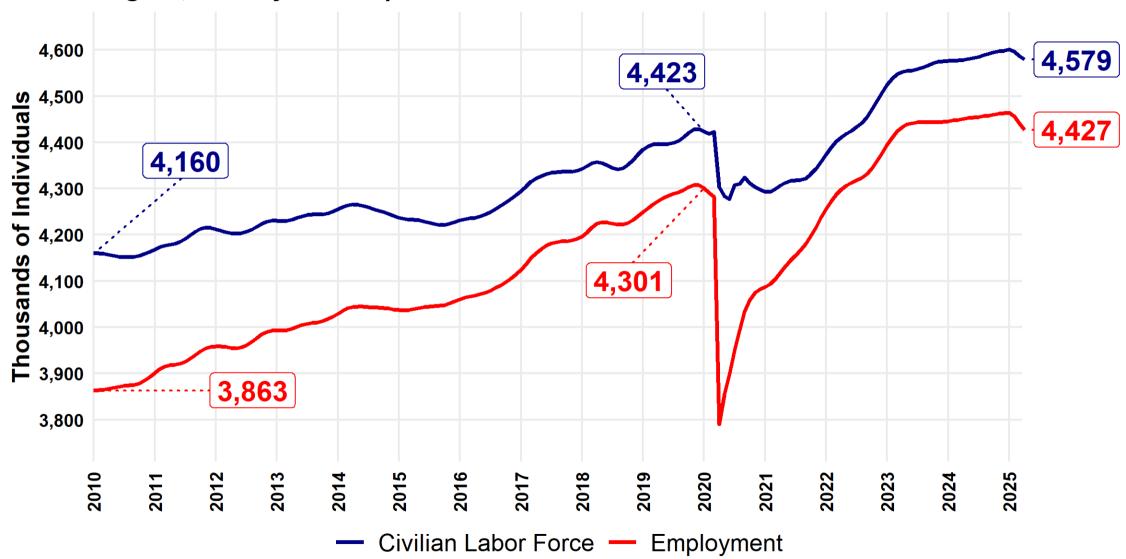
#### Index of Real Gross Domestic Product Virginia and the United States, 2000 - 2024



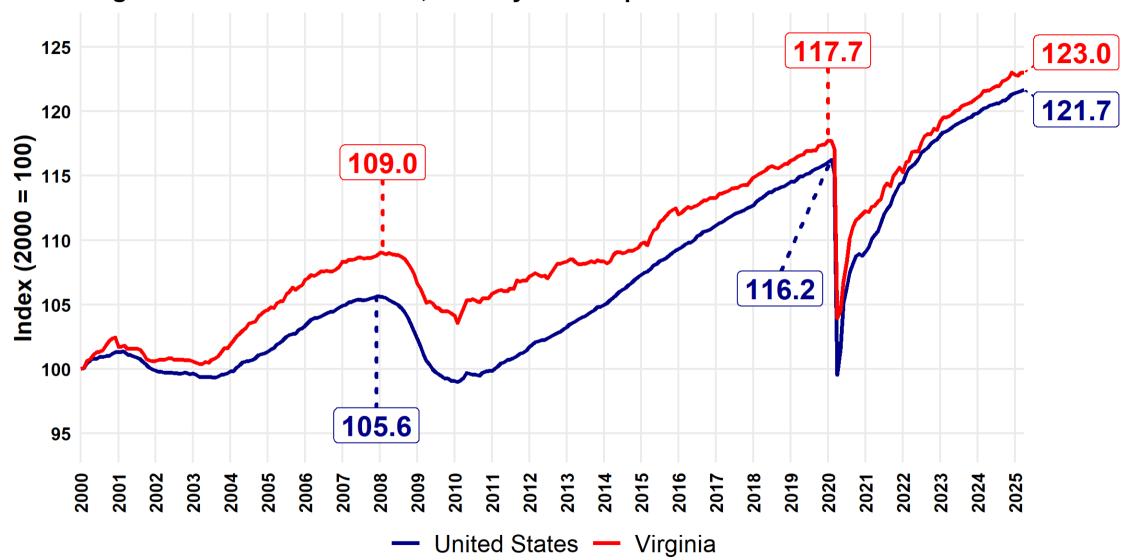
#### Civilian Labor Force and Individual Employment United States, January 2010 - May 2025



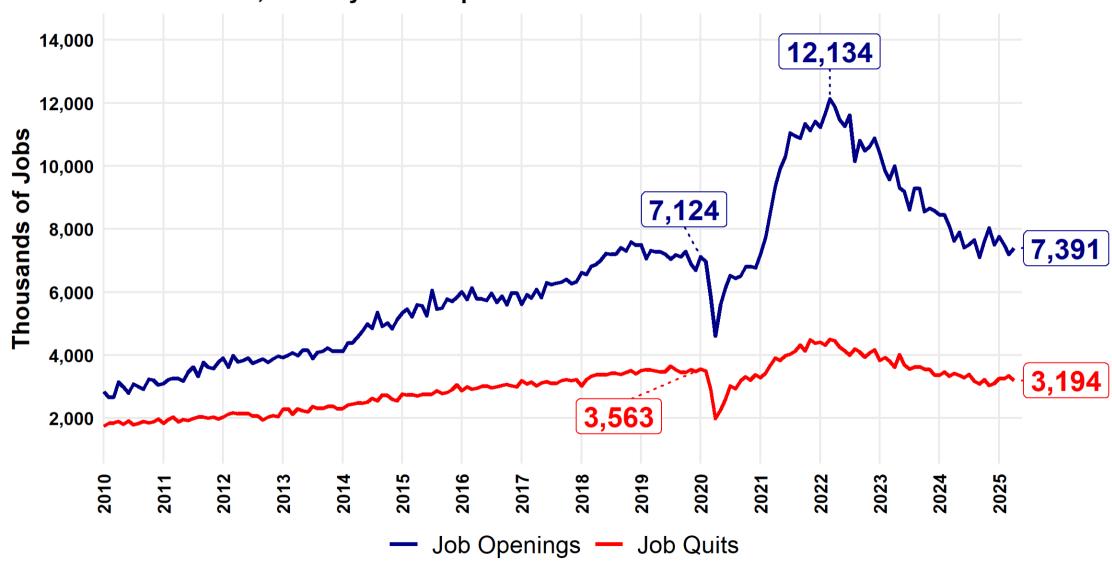
## Civilian Labor Force and Individual Employment Virginia, January 2010 - April 2025



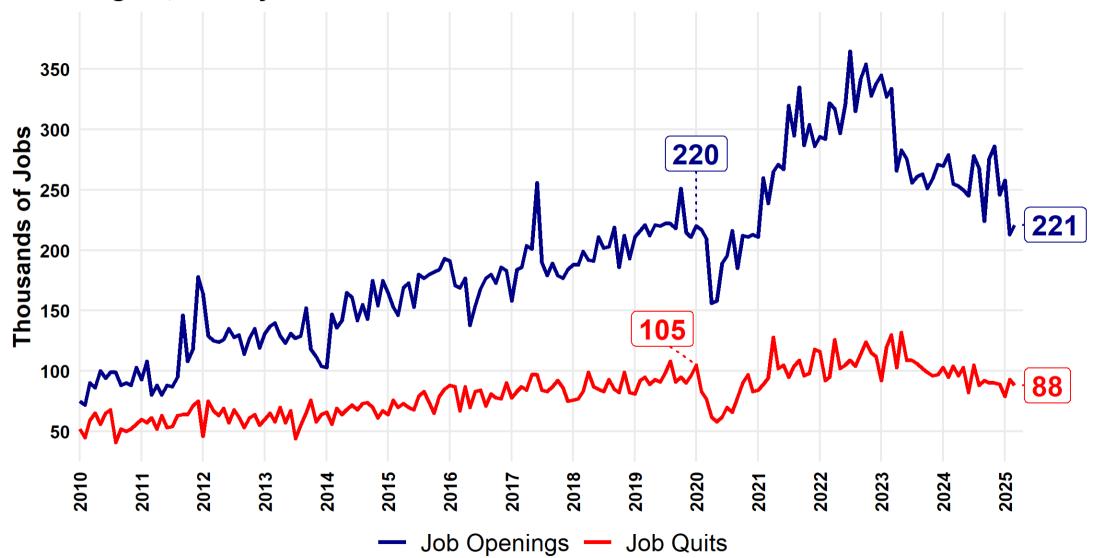
## Index of Nonfarm Payrolls Virginia and the United States, January 2000 - April 2025



#### Job Openings and Quits United States, January 2010 - April 2025

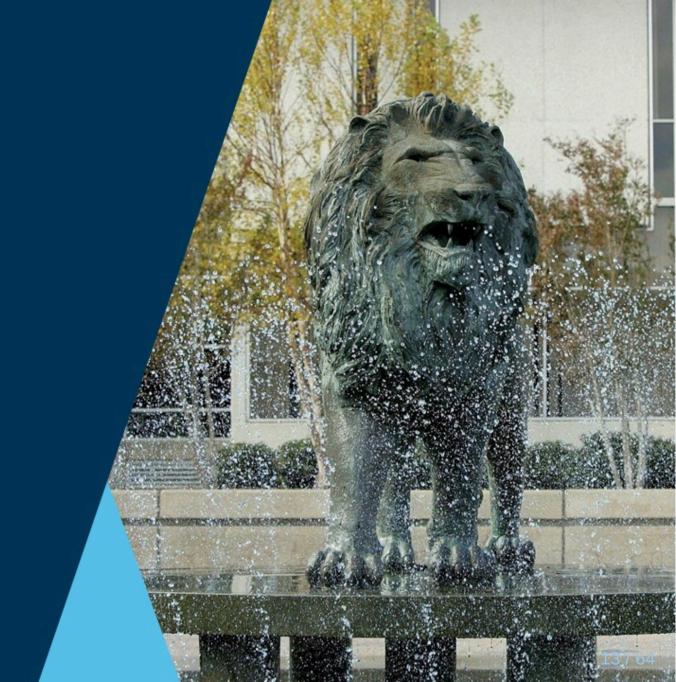


#### Job Openings and Quits Virginia, January 2010 - March 2025

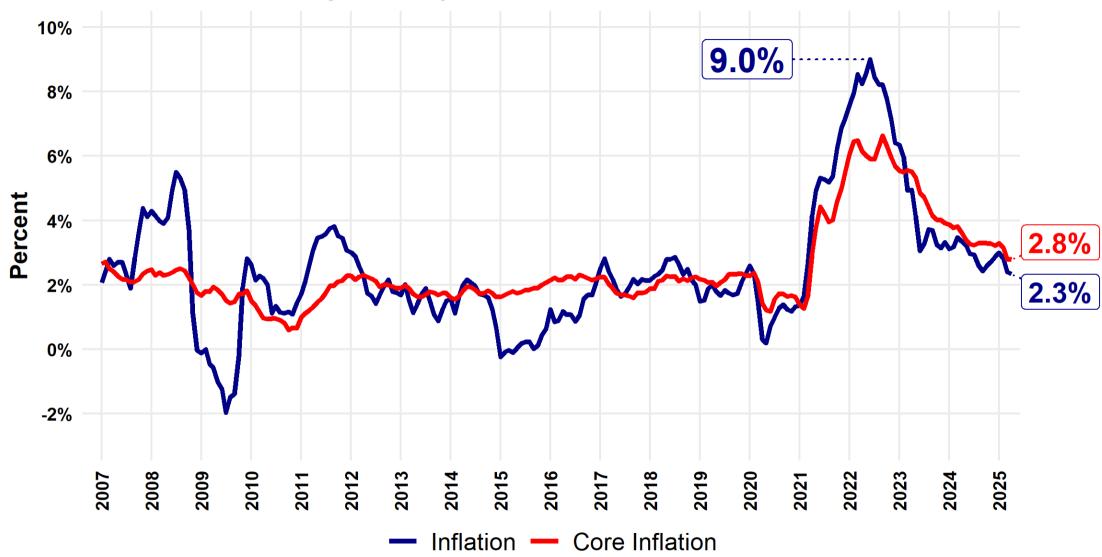




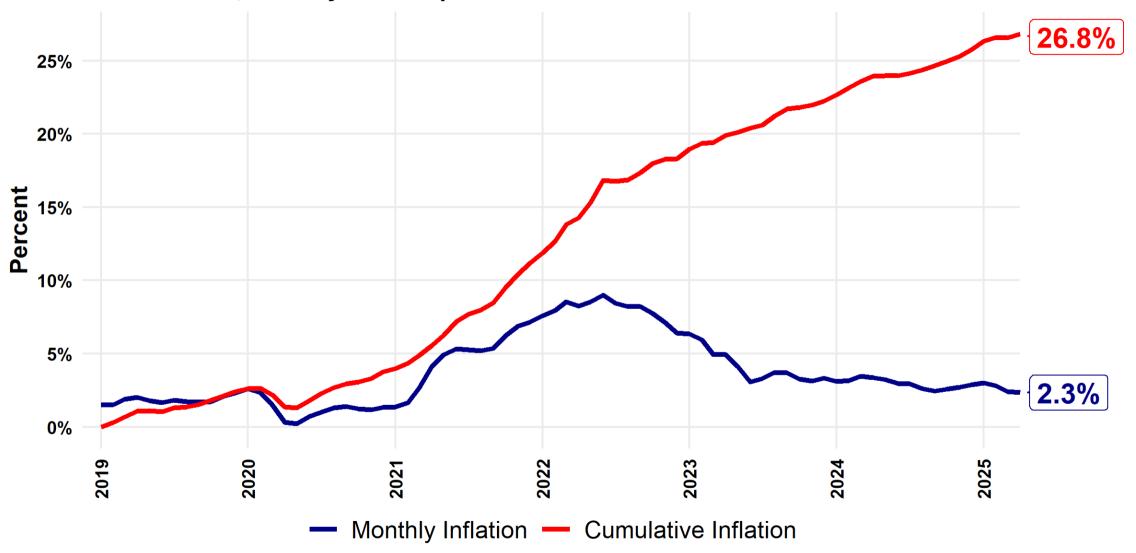
# Inflation, Uncertainty, and Sentiment



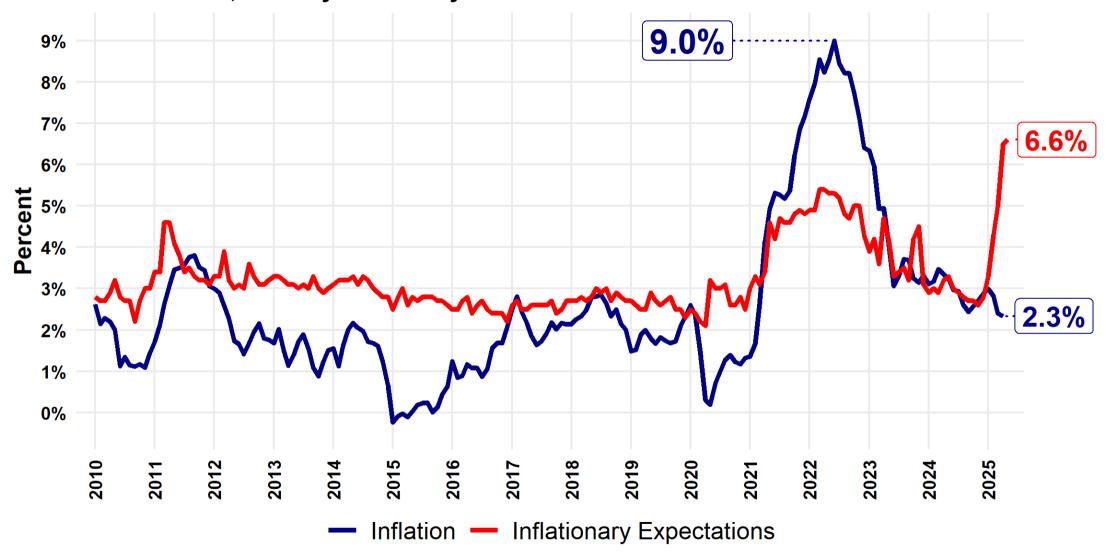
#### Monthly Inflation United States, January 2007 - April 2025



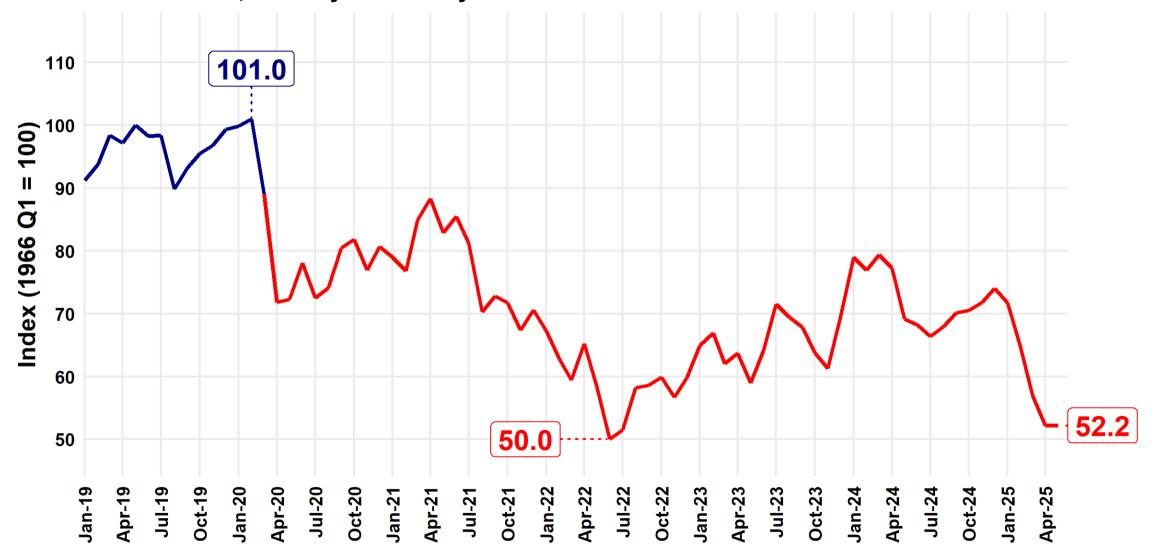
#### Monthly and Cumulative Inflation United States, January 2019 - April 2025



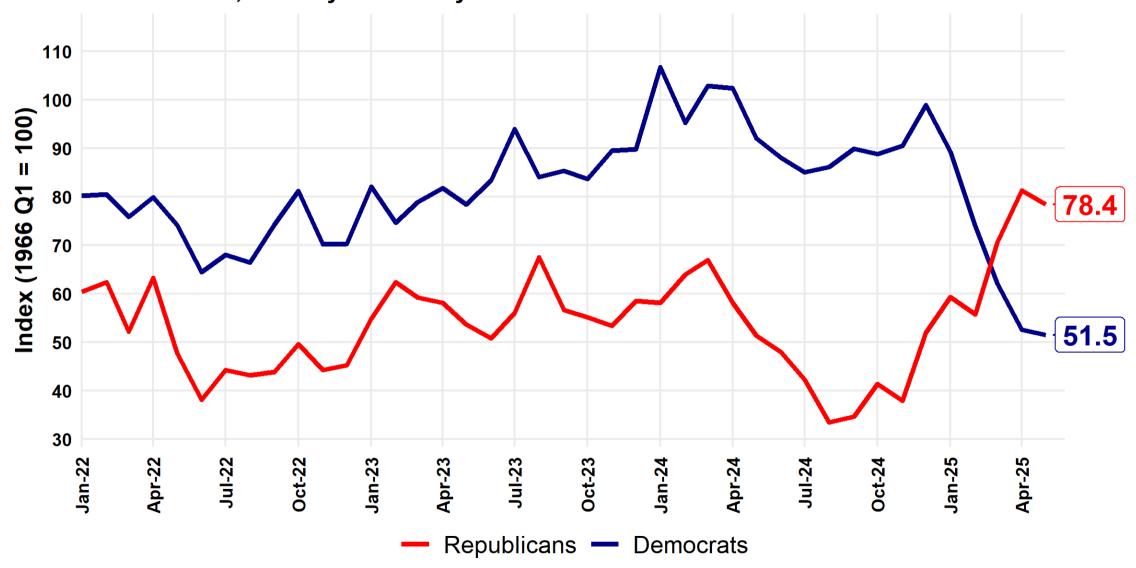
#### Monthly Inflation and Inflationary Expectations United States, January 2010 - May 2025



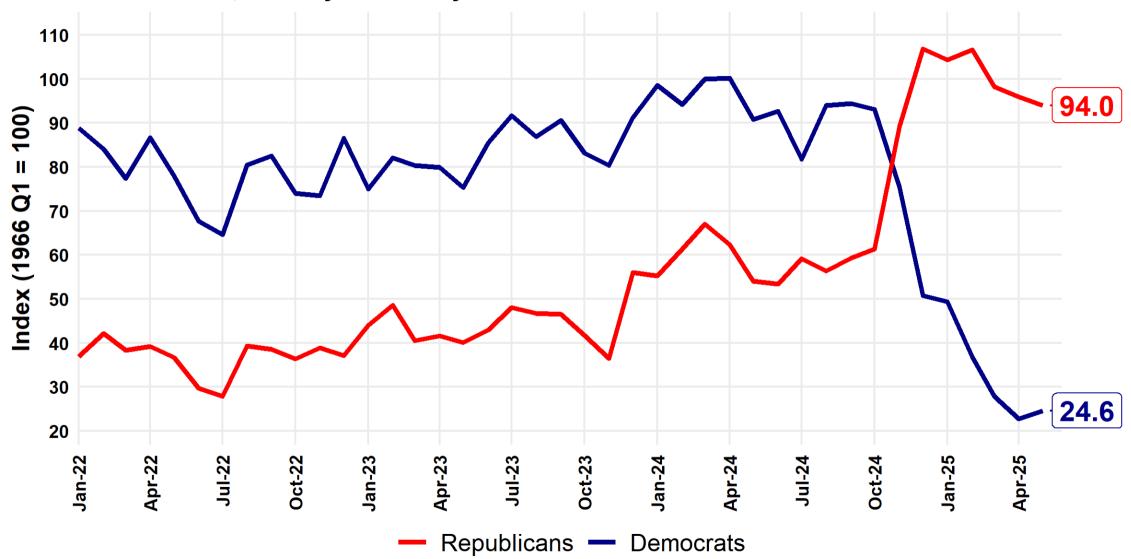
## University of Michigan: Consumer Sentiment United States, January 2019 - May 2025



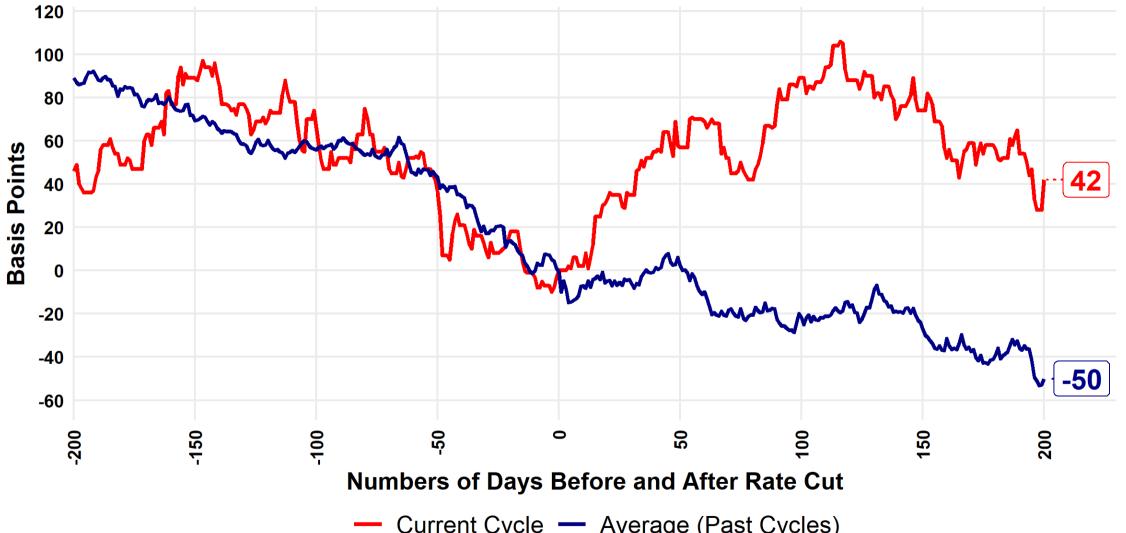
## Political Party Affiliation: Current Economic Conditions United States, January 2022 - May 2025



#### Political Party Affiliation: Economic Conditions a Year from Now United States, January 2022 - May 2025



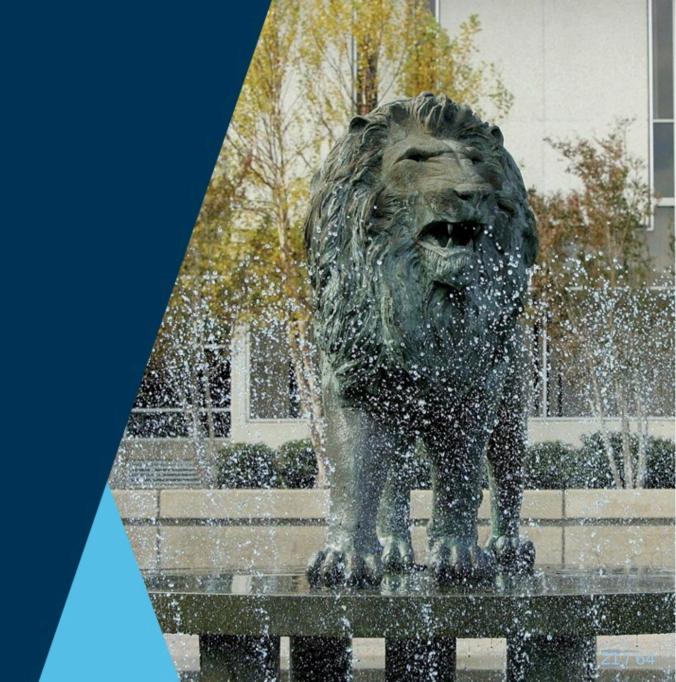
**Change in 10-Year U.S. Treasuries** Prior to and After the First Reduction in the Discount Rate



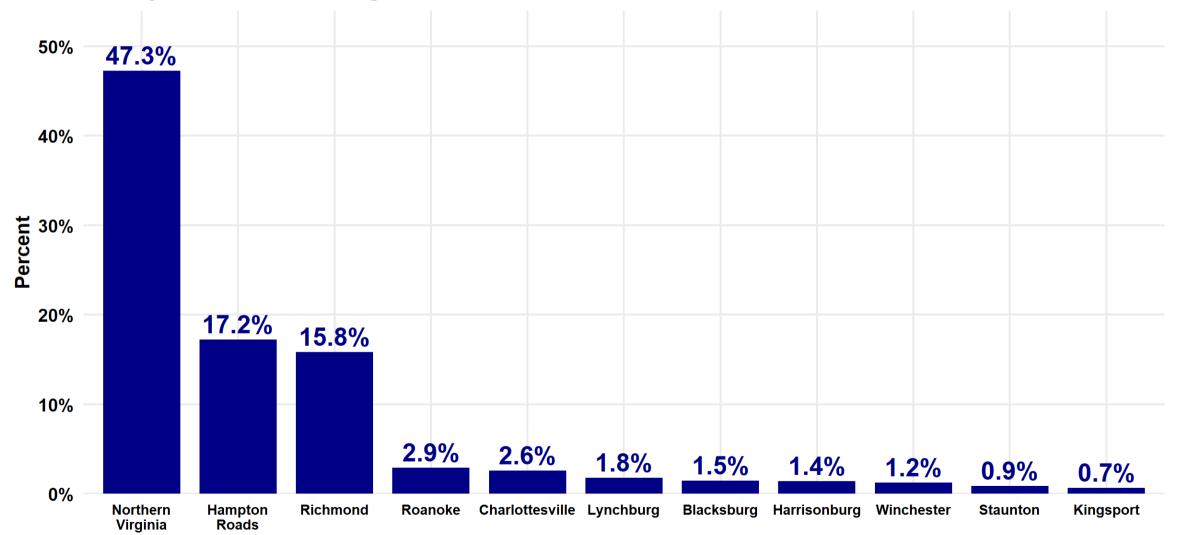
Current Cycle — Average (Past Cycles)



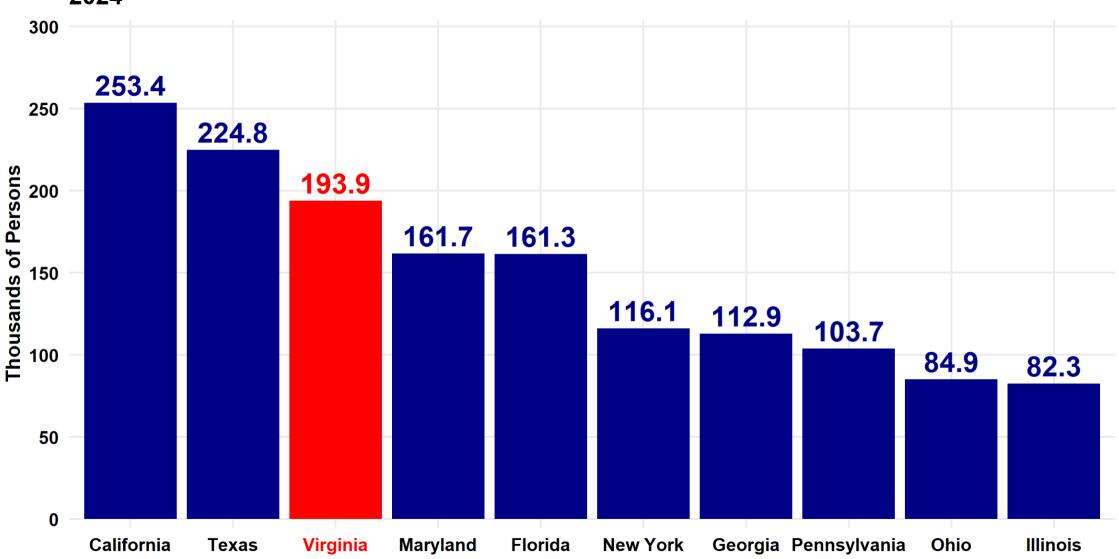
## Impacts on Virginia



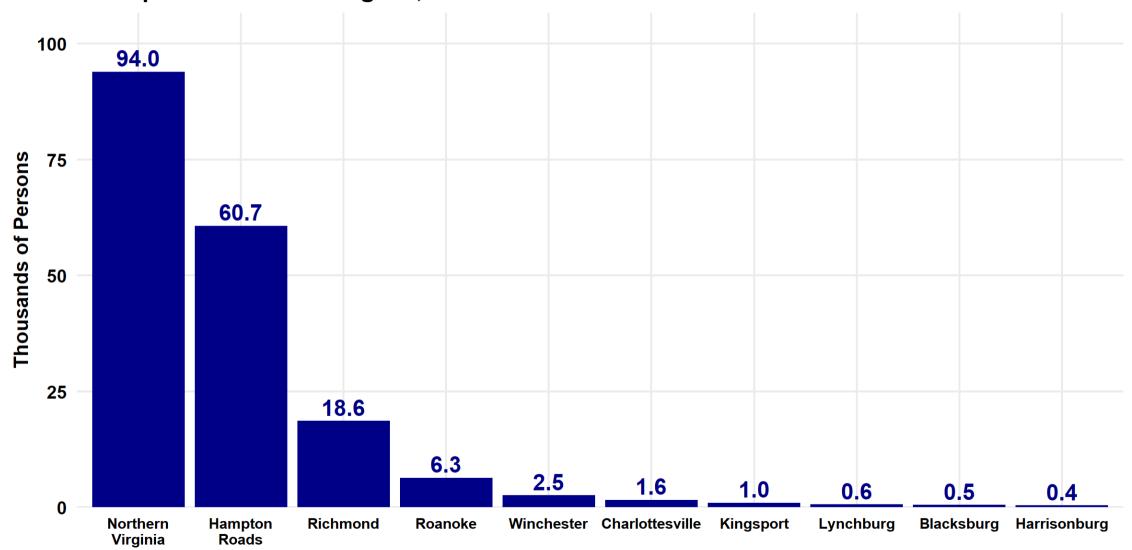
## Share of Virginia Real Gross Domestic Product Metropolitan Areas in Virginia, 2023



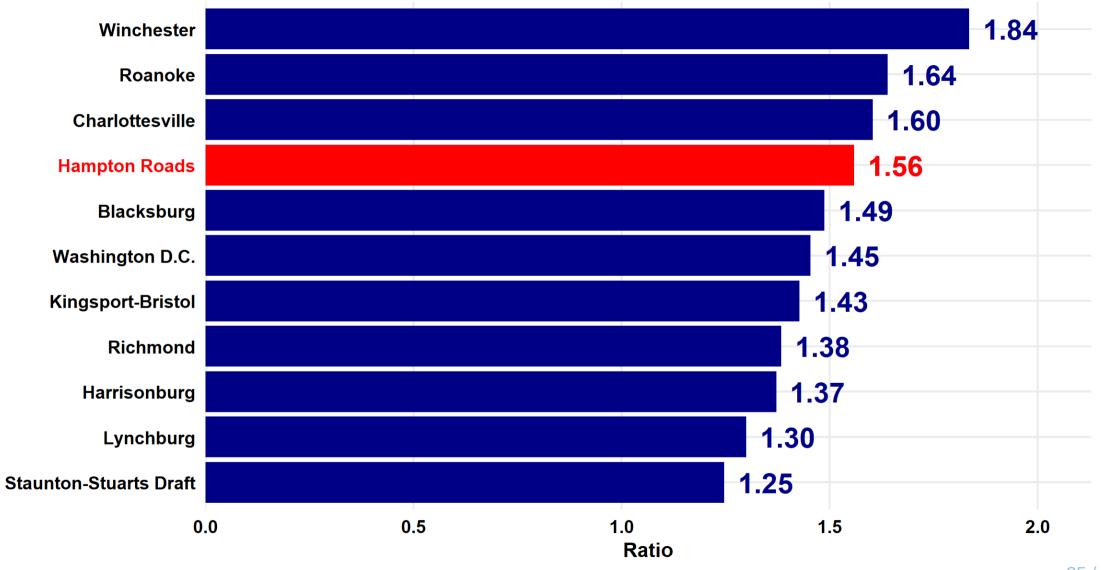
**Top 10 States: Federal Civilian Employees 2024** 



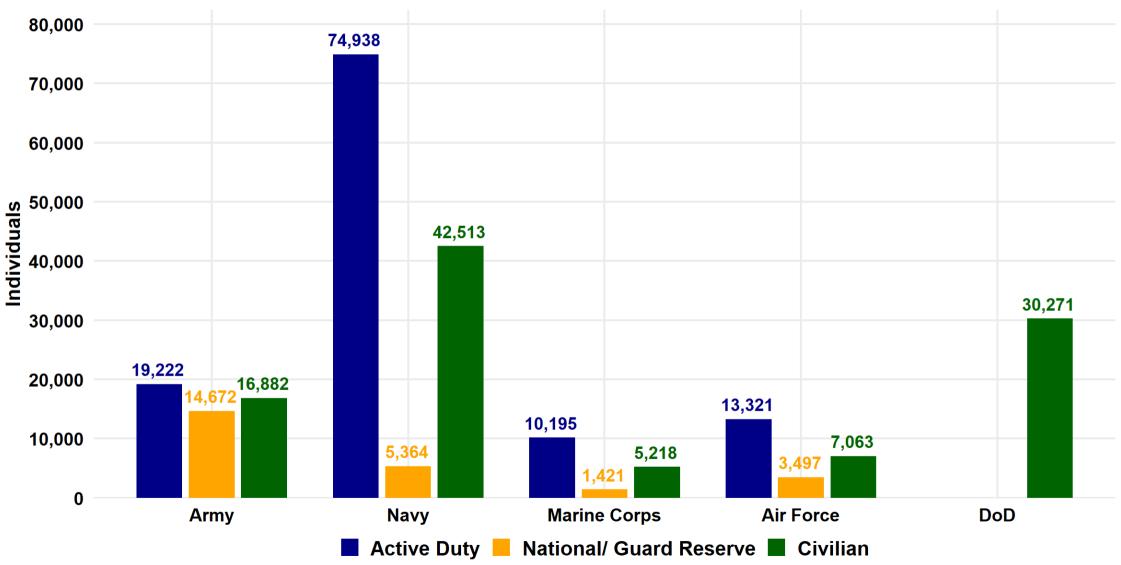
#### Federal Civilian Employees Metropolitan Areas in Virginia, 2024



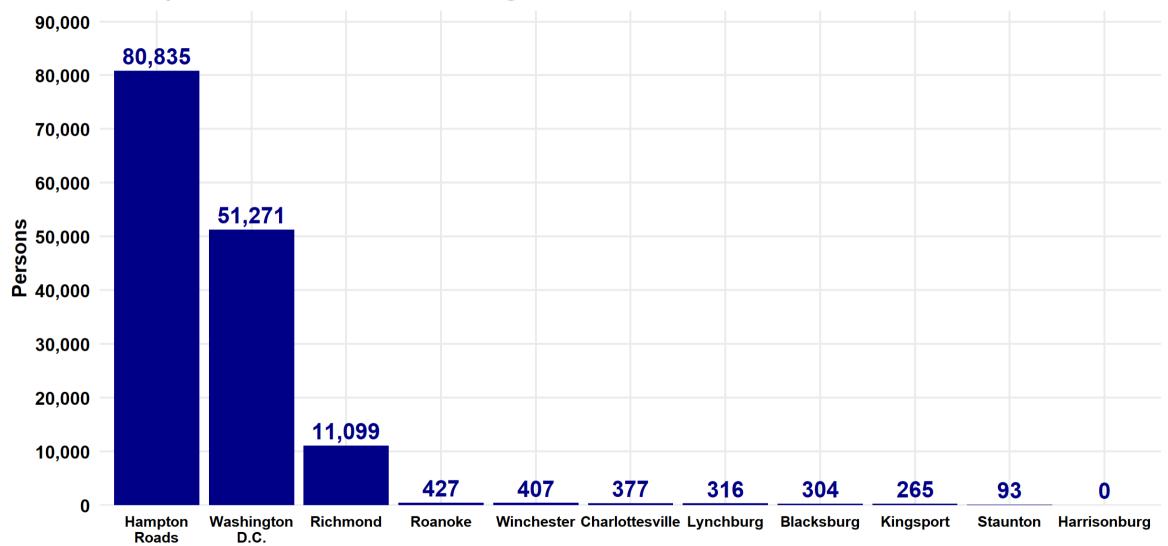
#### Ratio of Federal Civilian Wages to Private Sector Wages Metropolitan Areas in Virginia, 2024



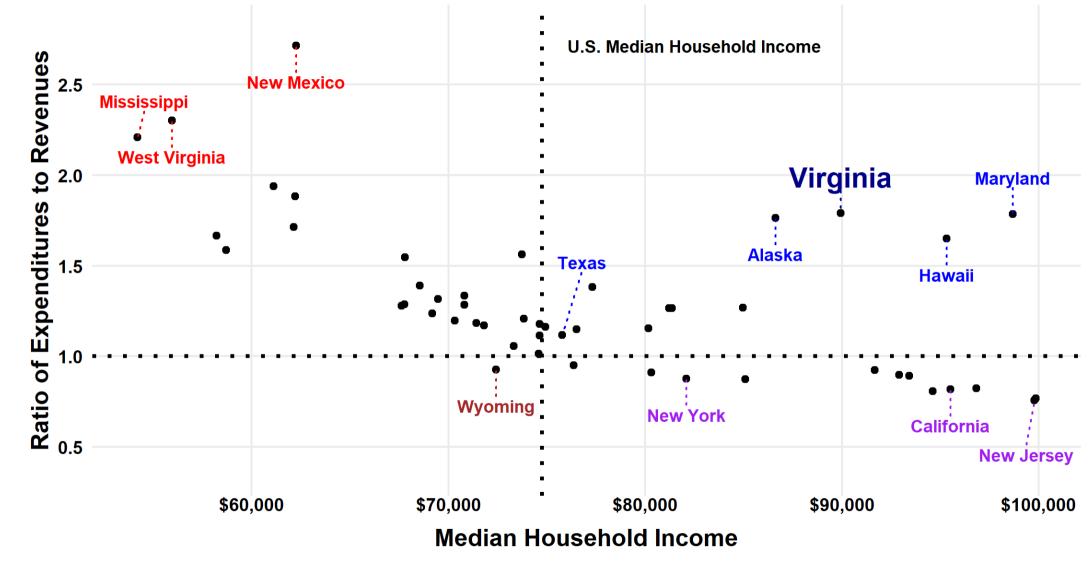
## Active Duty, Reserve, National Guard, and DoD Civilian Personnel Virginia, June 2024



## **Employment in the Armed Forces, Census Estimates Metropolitan Statistical Areas in Virginia, 2023**



#### Median Household Income and Ratio of Federal Expenditures to Revenues U.S. States, 2022



#### Uncertainty, Inflation, and a Recession?

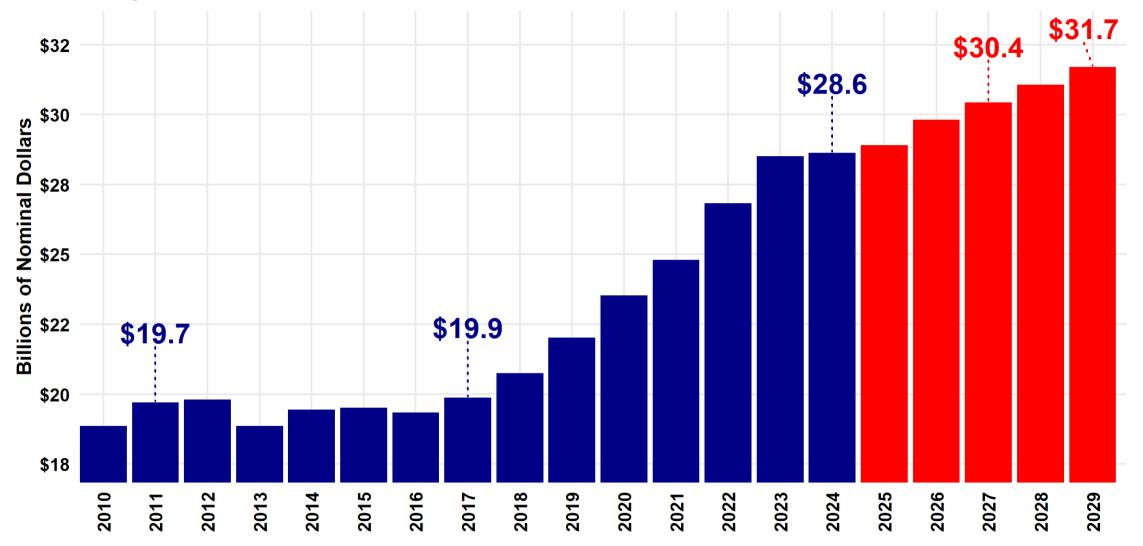
- Macroeconomic data lag policy by 3 to 6 months. There have been at least 50 changes to US tariff policy since January 20, 2025. This averages to 2 significant policy changes a week.
- Projected container arrivals to the United States will decline by more than 30% in June compared to the same month in 2024. Arrivals from China are expected to fall by almost 60% in June when compared to June 2024. The question is whether the increase in inventories in the first quarter was sufficient to weather this supply chain shock.
- The May Federal Reserve Beige Book noted that "All Districts described lower labor demand, citing declining hours worked and overtime, hiring pauses, and staff reduction plans...All District reports indicated that higher tariff rates were putting upward pressure on costs and prices."
- Growth will slow significantly in 2025 relative to January forecasts. US real GDP growth will slow below 1.5% and Virginia may approach 1.0%. Reductions in federal employment and non-defense spending coupled with increasing deficits and continued uncertainty will slow GDP growth in 2026 and beyond.



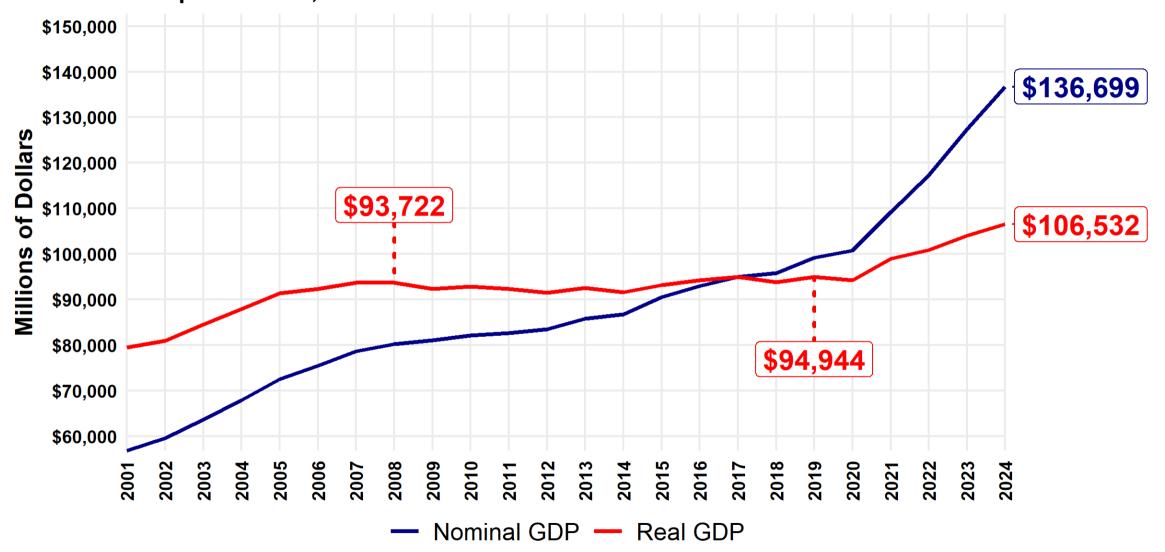
## Hampton Roads Economy in 2025



## Estimated Department of Defense Direct Spending Hampton Roads, 2010 - 2029\*



#### Nominal and Real Gross Domestic Product Hampton Roads, 2001 - 2024

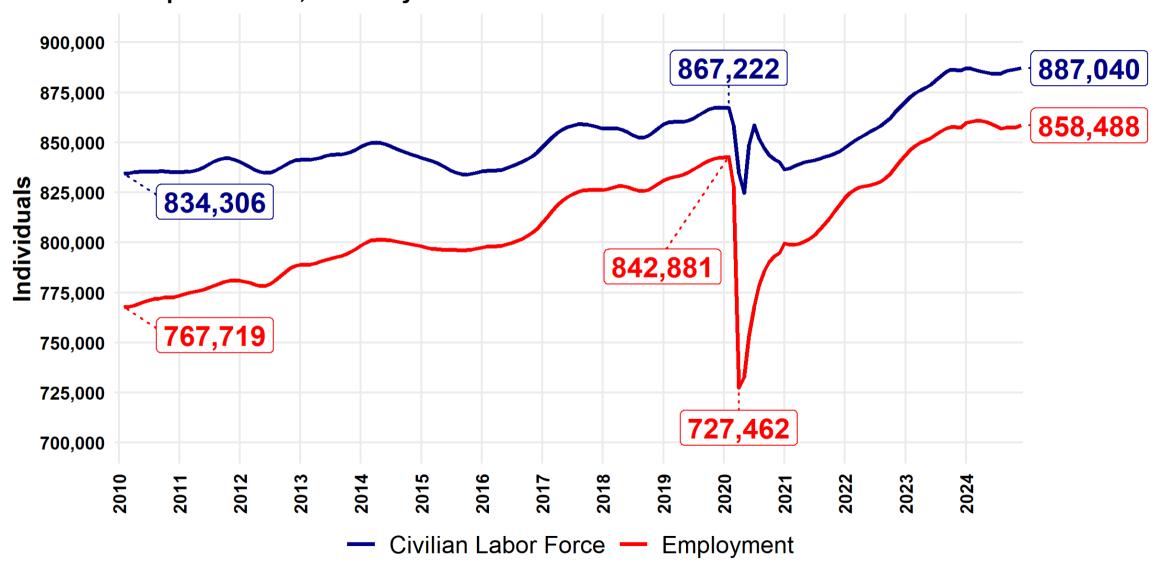




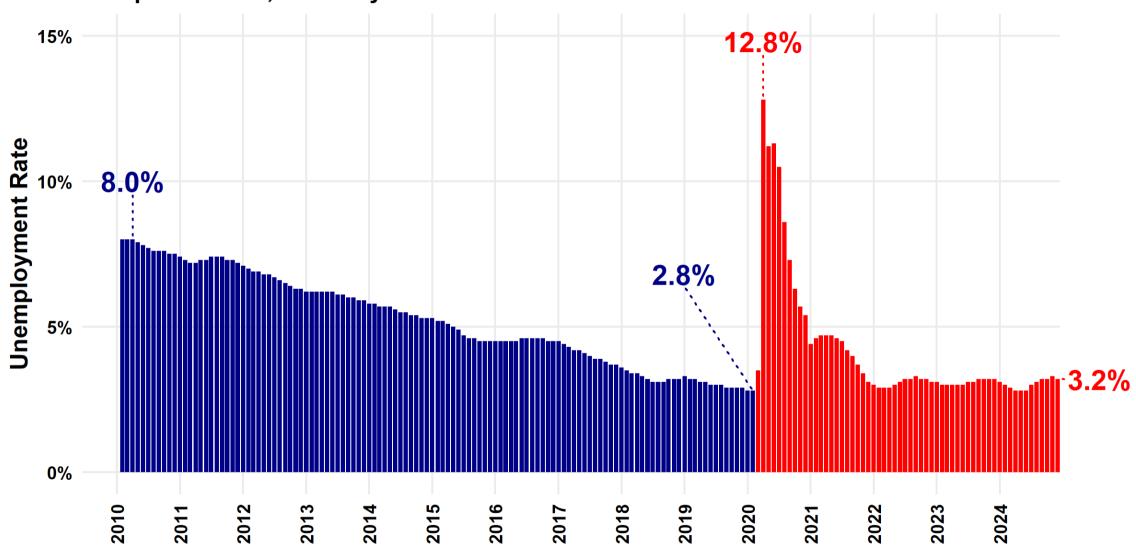
## Jobs and Employment



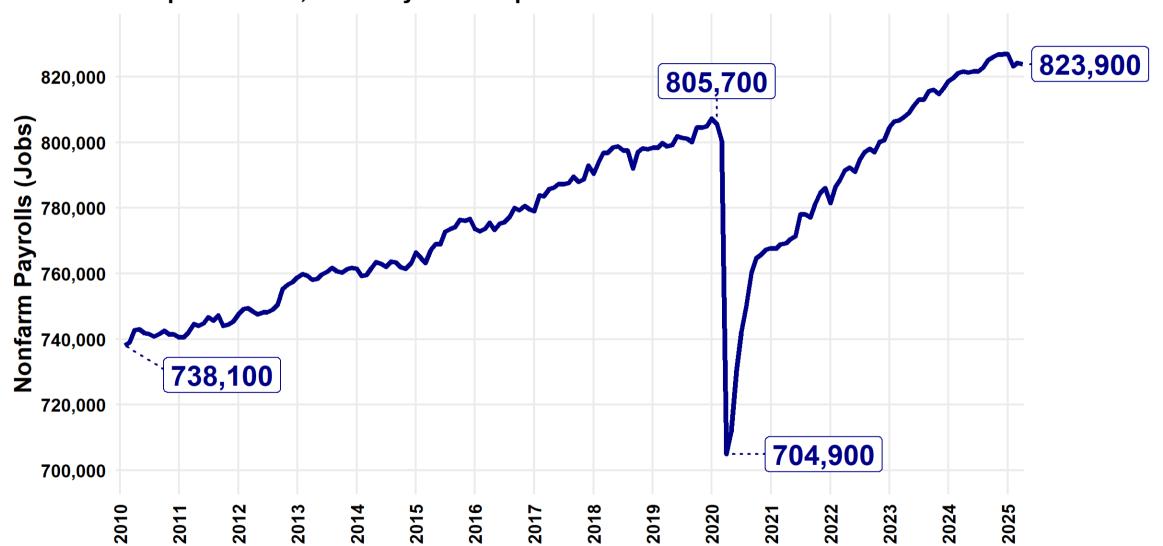
## Civilian Labor Force and Individual Employment Hampton Roads, February 2010 - December 2024



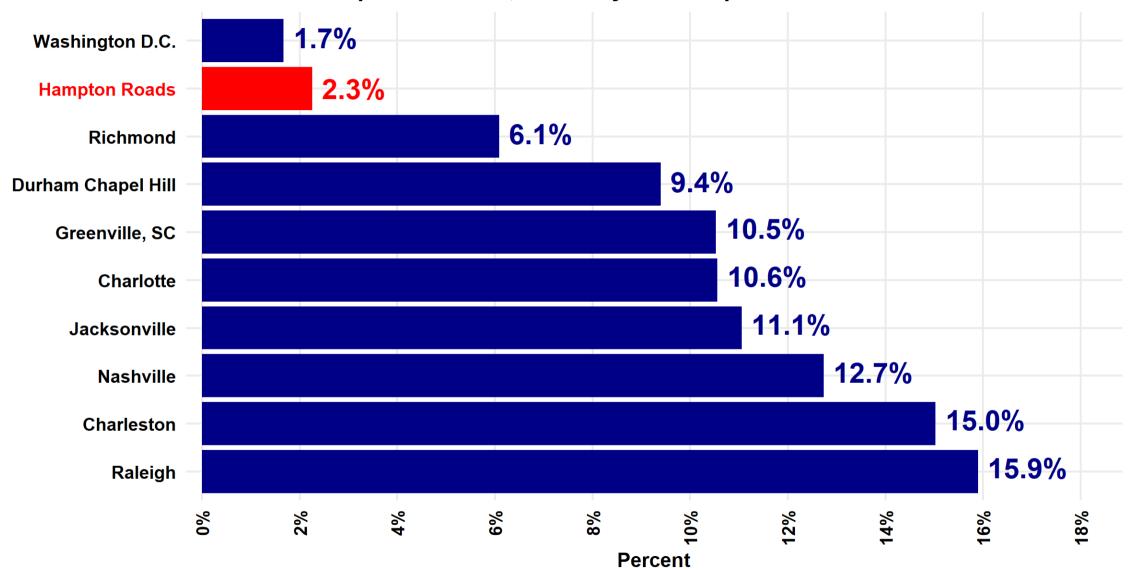
**Unemployment Rate (U3) Hampton Roads, February 2010 - December 2024** 



#### Nonfarm Payrolls Hampton Roads, February 2010 - April 2025



## Growth in Nonfarm Payrolls Selected Metropolitan Areas, February 2020 - April 2025



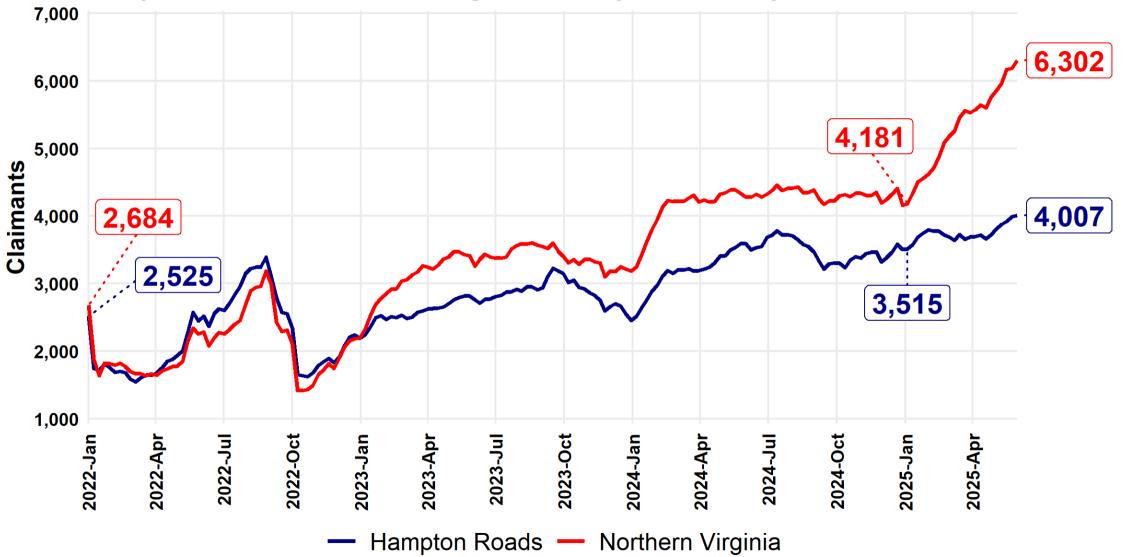
## Employment and Average Wages for Priority Clusters in Region 5, 2024 Q3

Clusters	Employment	Average Wages	Change in Employment 2014 Q3 - 2024 Q3
Advanced Manufacturing	9,794	\$ 79,953	-0.2%
Clean Energy	25,519	\$ 91,270	2.0%
Cyber Security, Data Analytics and Mod-Sim	5,121	\$ 87,368	4.0%
Life Sciences	7,469	\$113,720	0.3%
Port Operations, Logistics, and Warehousing	17,557	\$ 75,175	2.0%
Ship Repair and Ship Building	41,764	\$ 83,872	1.1%
Uncrewed Systems and Aerospace	27,441	\$106,243	3.2%
Water Technologies	39,434	\$ 94,068	1.3%
All Industries	809,119	\$ 60,676	0.5%

Sources: JobsEq and Dragas Center for Economic Analysis and Policy. Data as of 2024 Q3 and based on a four-quarter moving average. Annual employment growth is from 2014 Q3 to 2024 Q3.

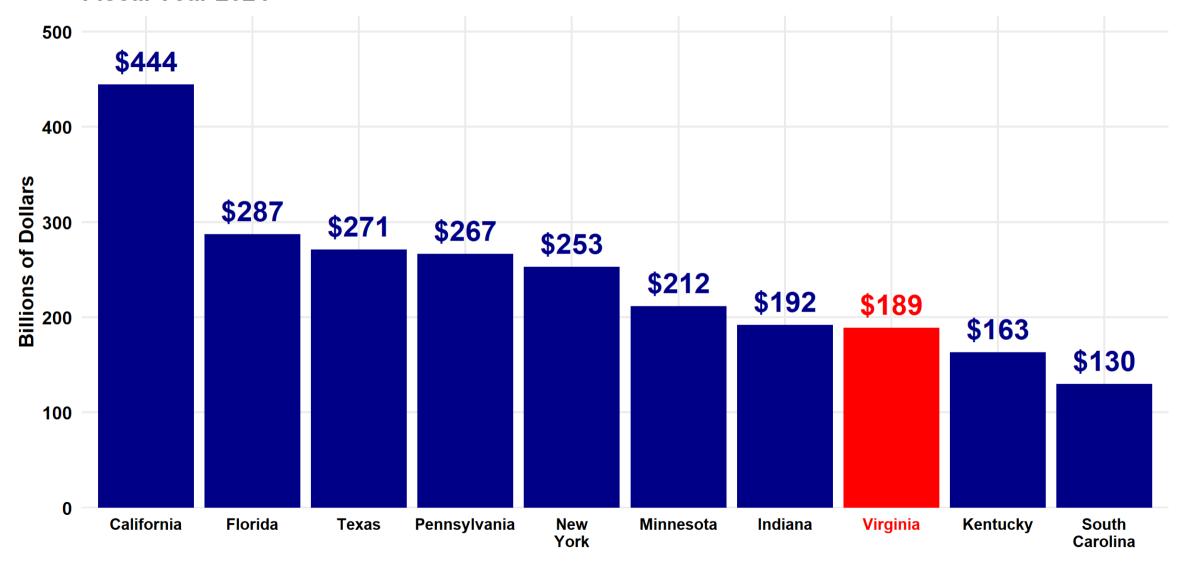
#### Unemployment Continued Claims





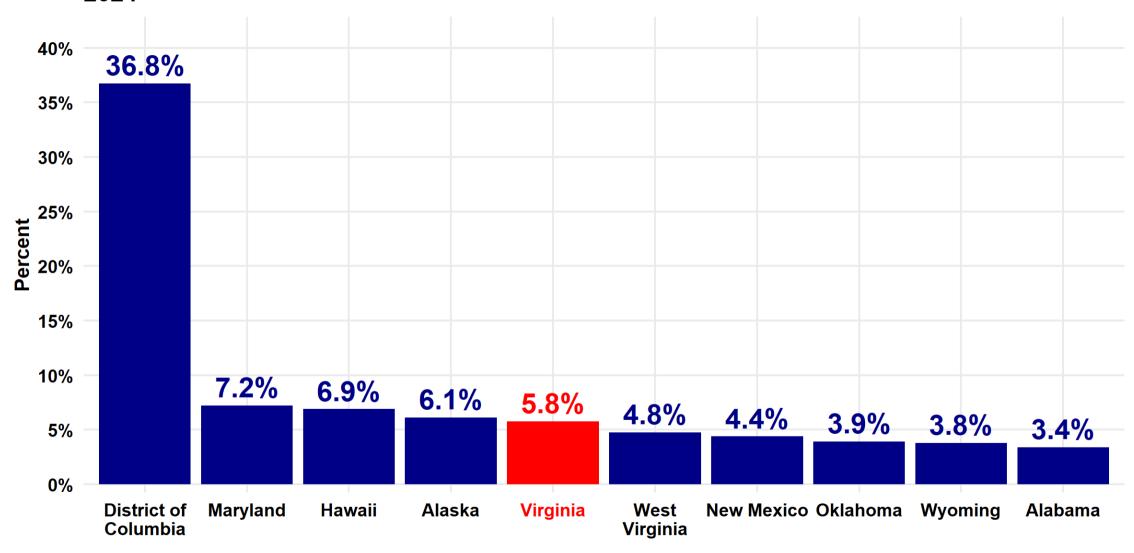
Source: Bureau of Labor Statistics.

**Top 10 States: Federal Government Obligations Fiscal Year 2024** 

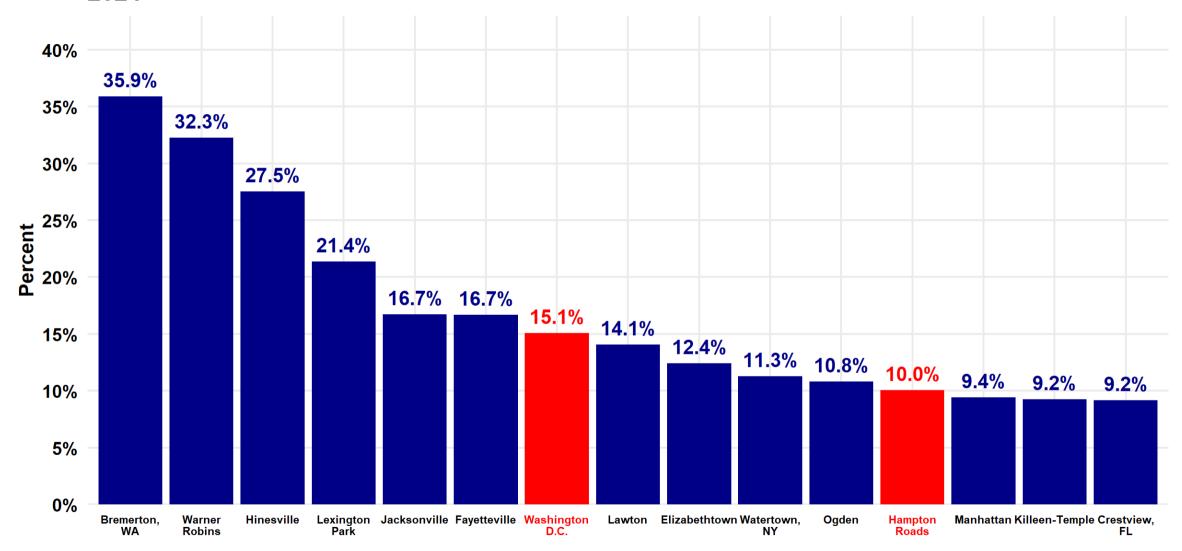


Source: USAspending.gov (2025) 40 / 64

**Top 10 States: Percentage of Federal Government Jobs** 2024



**Top 15 MSAs: Percentage of Federal Government Jobs** 2024

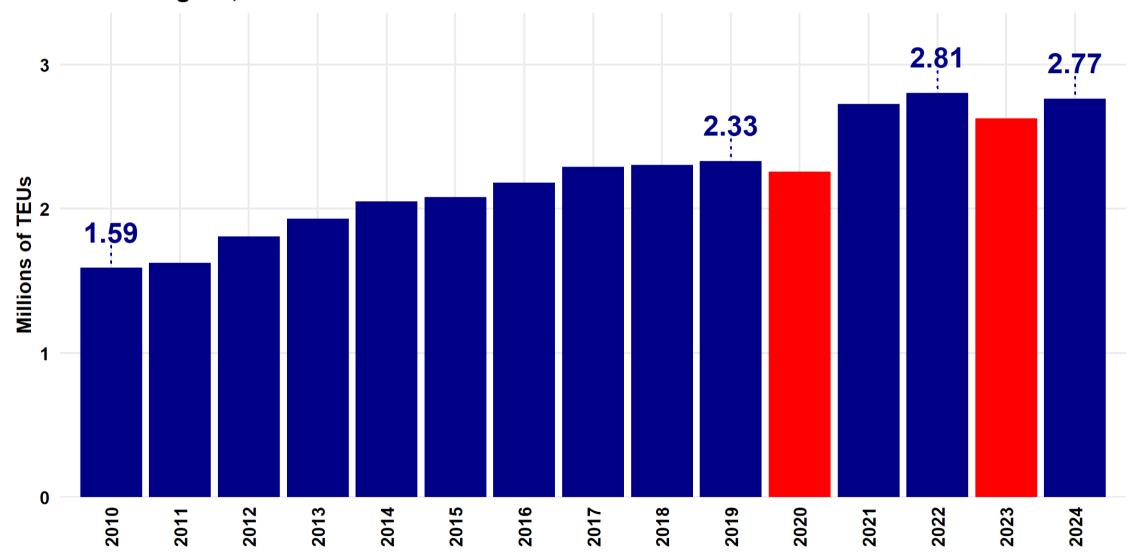




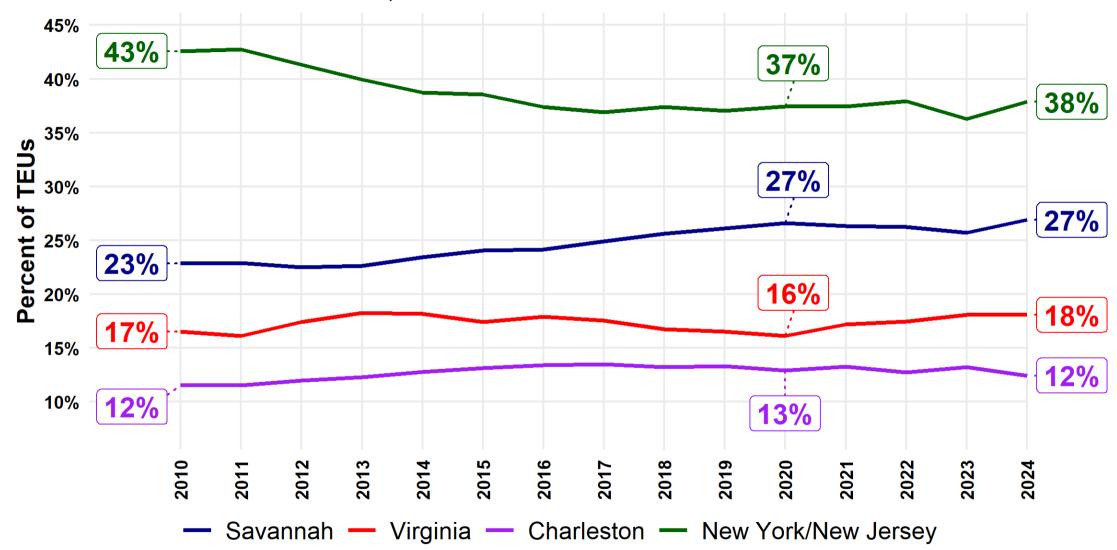
The Port of Virginia: Facing Uncertainty about Tariffs



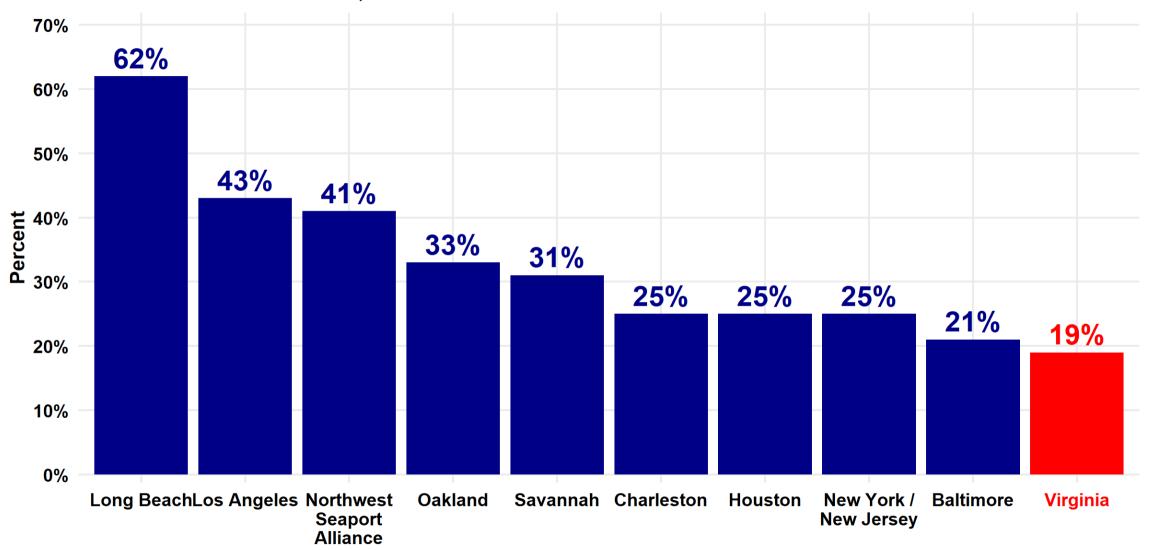
## Total Loaded Twenty-Foot Equivalent Container Units (TEUs) Port of Virginia, 2010 - 2024



## **Shares of Total Loaded TEUs Selected East Coast Ports, 2010 - 2024**

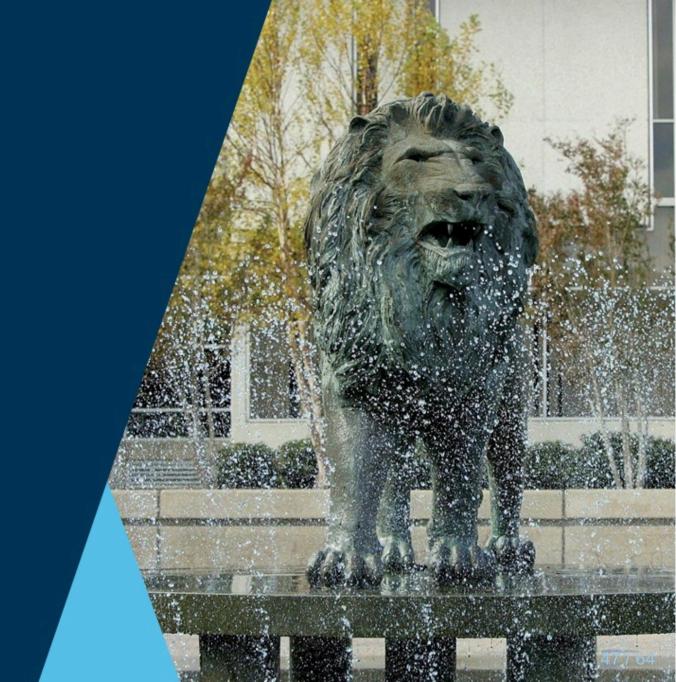


China As a Share of U.S. Port Trade Various Ports in the U.S., 2024

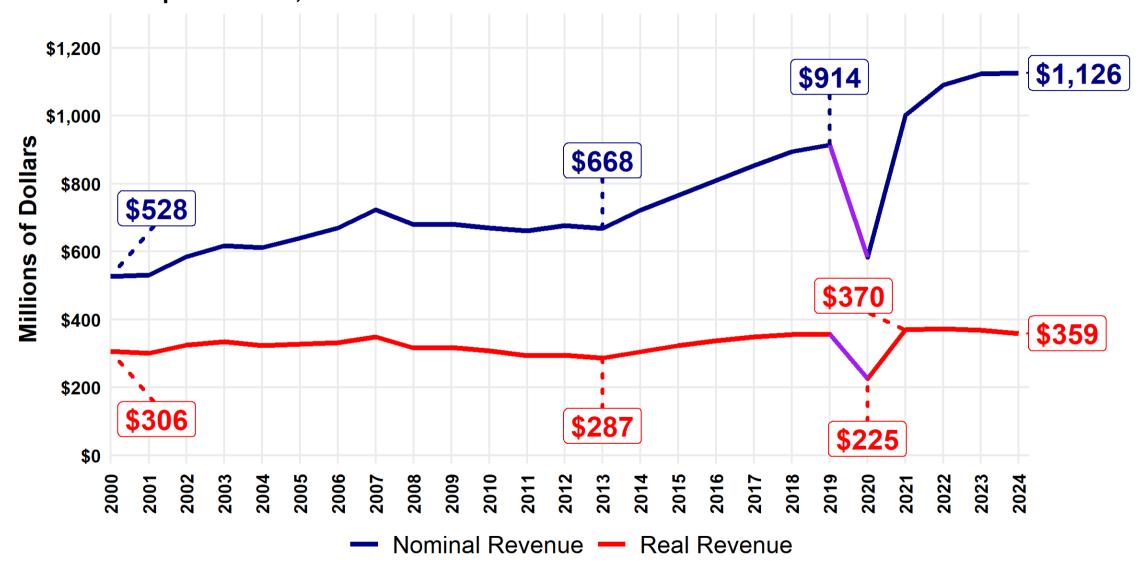




## Hotels Rebound but Challenges Remain



## Nominal and Real (Inflation-Adjusted) Hotel Revenue Hampton Roads, 2000 - 2024

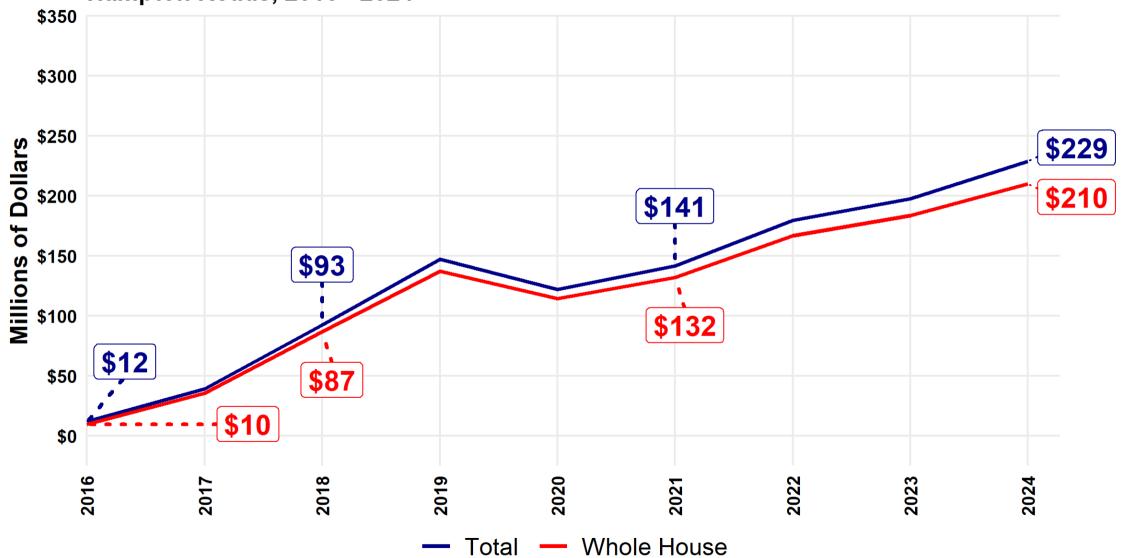


## Percent Change in Hotel Revenue in the United States, Virginia, Northern Virginia, and Hampton Roads, 2019 to 2024

	2019 to 2020	2020 to 2021	2021 to 2022	2022 to 2023	2023 to 2024	2019 to 2024
United States	-49.7%	65.9%	32.6%	5.3%	2.3%	<mark>19.1%</mark>
Virginia	-48.0%	58.0%	26.2%	9.1%	3.6%	<b>17.1%</b>
Northern Virginia	-61.1%	47.1%	59.0%	18.9%	7.1%	<b>15.8%</b>
Hampton Roads	-36.2%	71.8%	8.9%	3.0%	0.2%	23.2%
Chesapeake/Suffolk	-22.1%	43.1%	9.5%	3.6%	-0.5%	<b>25.8%</b>
Newport News/Hampton	-29.0%	43.7%	13.5%	2.5%	2.2%	21.4%
Norfolk/Portsmouth	-32.9%	56.9%	13.9%	4.8%	1.7%	<b>27.9%</b>
Virginia Beach	-30.9%	72.9%	4.6%	3.7%	1.4%	31.3%
Williamsburg*	-62.1%	159.7%	11.1%	0.1%	-4.3%	4.7%

Sources: STR Trend Report February 2025, and Dragas Center for Economic Analysis and Policy.
 \*Williamsburg market includes City of Williamsburg and James City County.

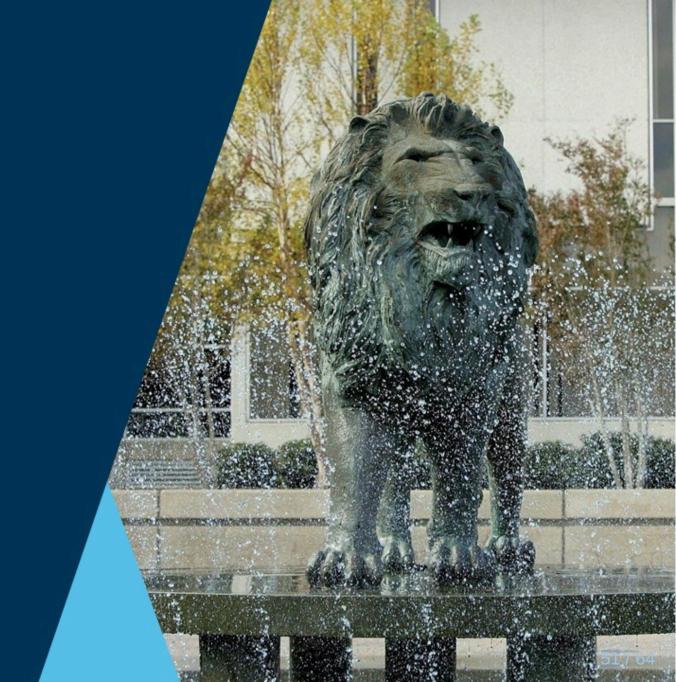
## Total and Whole House Rental Revenues of Airbnb and Vrbo Properties Hampton Roads, 2016 - 2024



Source: AirDNA data received in May 2025.



# Housing Prices Rise but Sales Decline

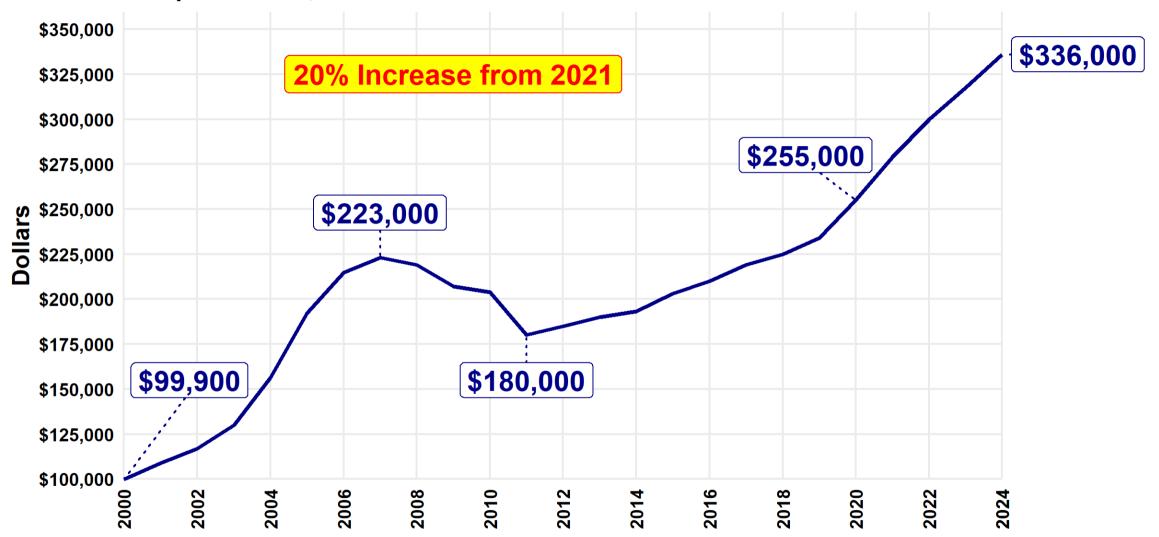


#### Percent Change in Median Price of Existing Residential Homes Selected Cities in Hampton Roads, 2020, 2021, 2022, 2023 and 2024

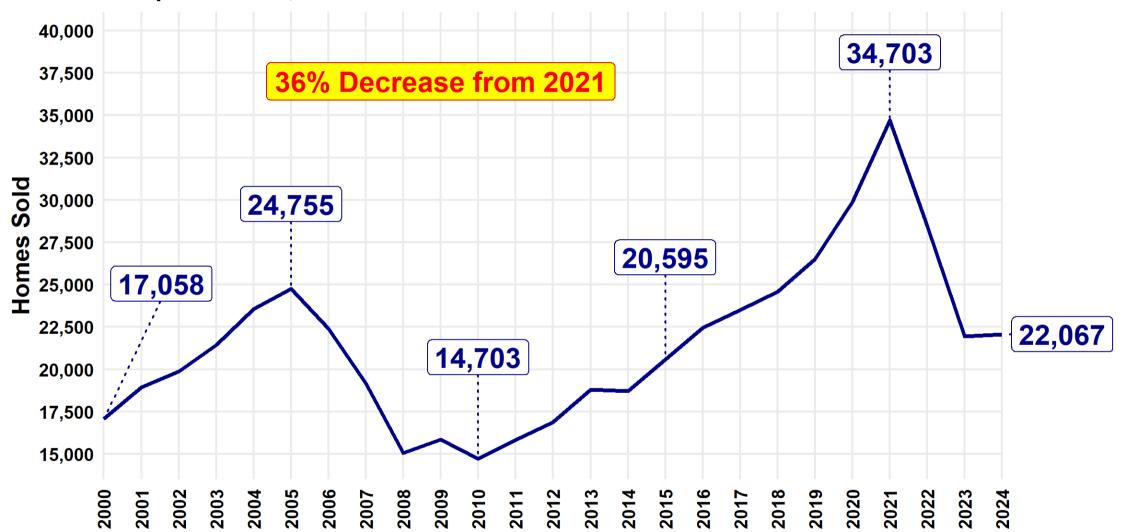
<u>City</u>	2019 to 2020	2020 to 2021	2021 to 2022	2022 to 2023	2023 to 2024
Chesapeake	6.4%	11.7%	7.9%	3.6%	6.8%
Norfolk	11.4%	12.7%	6.6%	6.0%	3.9%
Portsmouth	13.0%	15.2%	9.5%	6.5%	4.1%
Suffolk	10.1%	13.6%	9.9%	1.2%	4.9%
Virginia Beach	9.8%	8.8%	8.1%	7.5%	5.0%
Hampton	8.8%	16.6%	6.7%	6.3%	7.8%
<b>Newport News</b>	8.4%	10.0%	8.7%	6.0%	7.5%
Williamsburg*	9.5%	8.4%	10.3%	4.9%	4.9%
Hampton Roads	9.0%	9.4%	7.5%	5.8%	5.8%

a Sources: Real Estate Information Network and Dragas Center for Economic Analysis and Policy. \*Williamsburg includes City of Williamsburg, James City County, York County, and Gloucester County.

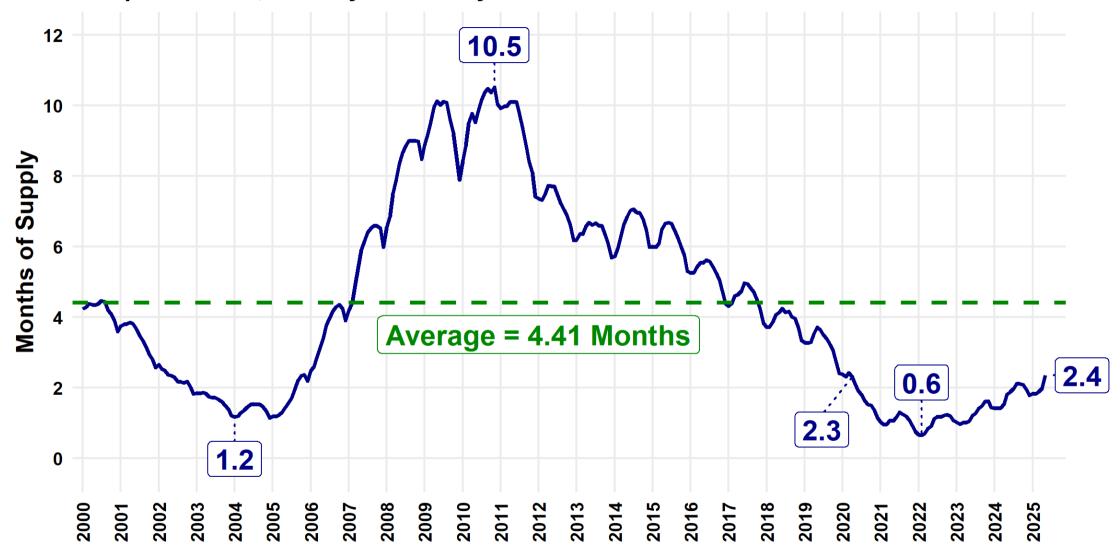
## Median Sales Price of Existing Homes Hampton Roads, 2000 - 2024



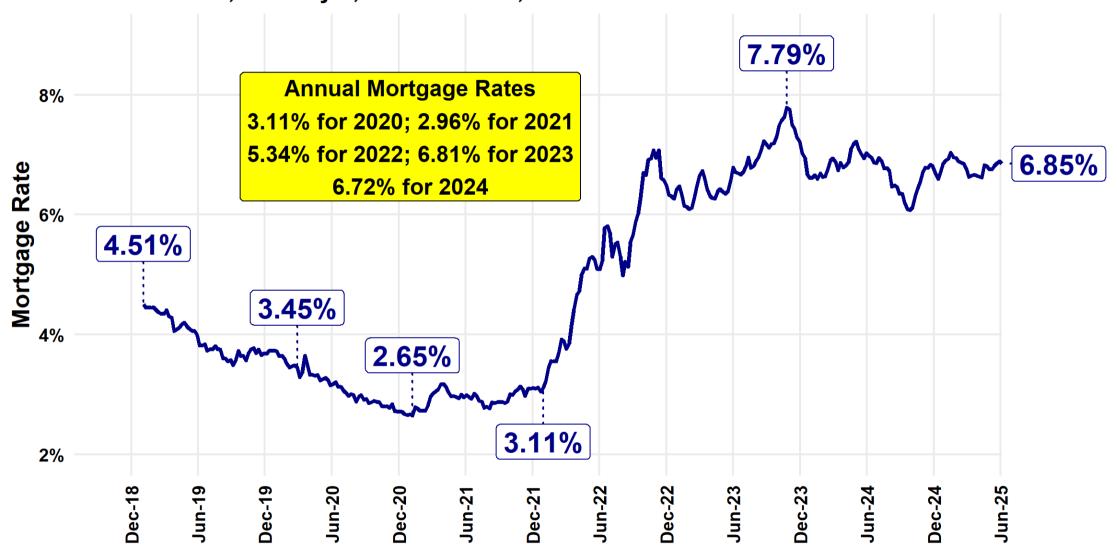
#### Existing Home Sales Hampton Roads, 2000 - 2024



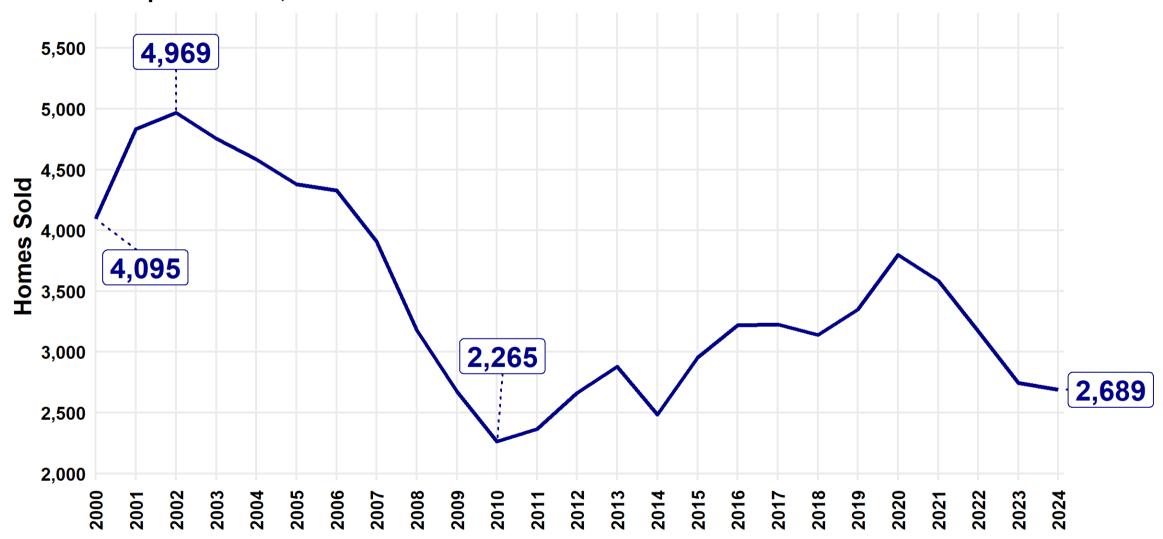
## Estimated Months of Supply for Existing Homes Hampton Roads, January 2000 - May 2025



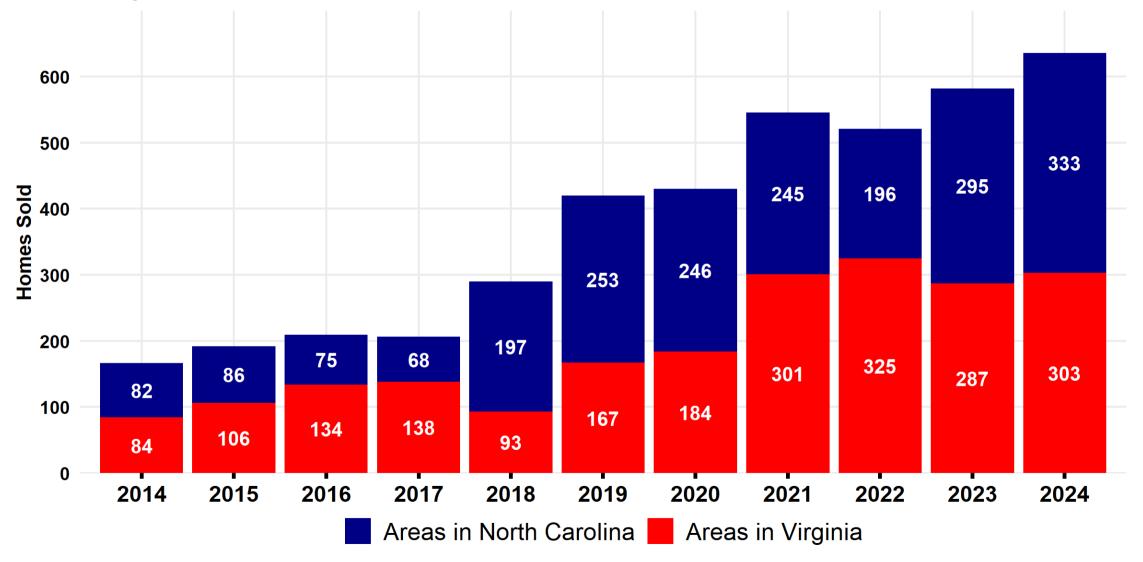
#### Weekly 30-Year Fixed Mortgage Rate United States, January 3, 2019 - June 5, 2025



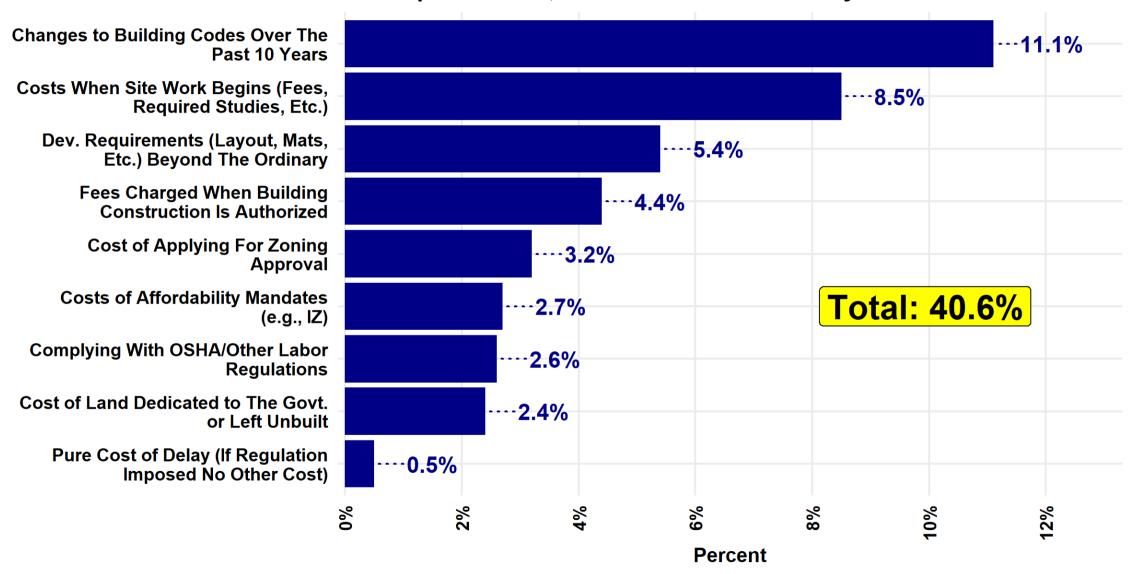
#### **New Construction Home Sales Hampton Roads, 2000 - 2024**



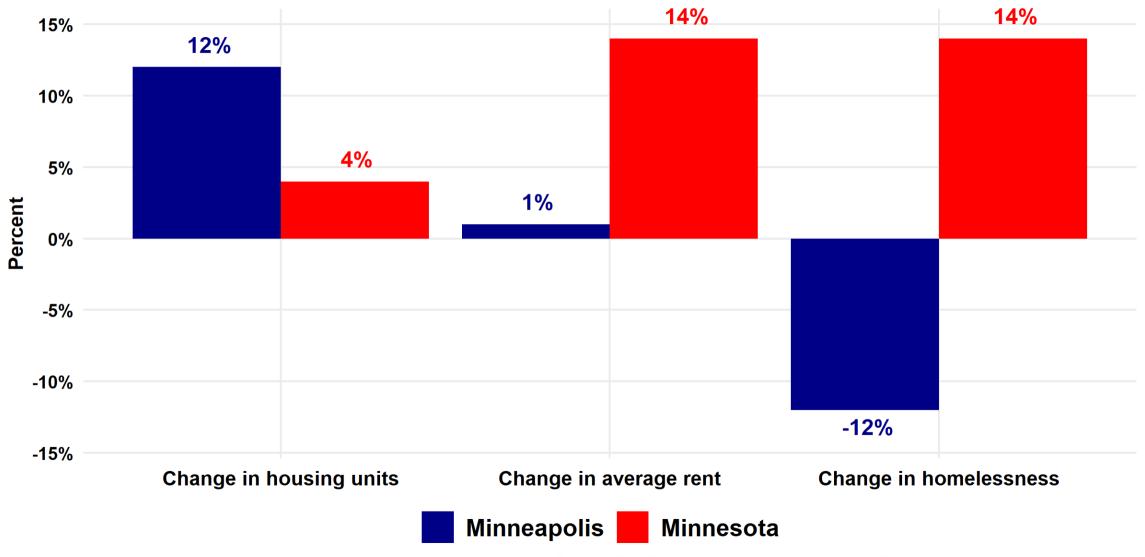
## New Construction Home Sales Excluding Core Cities and Counties Hampton Roads, 2014 - 2024



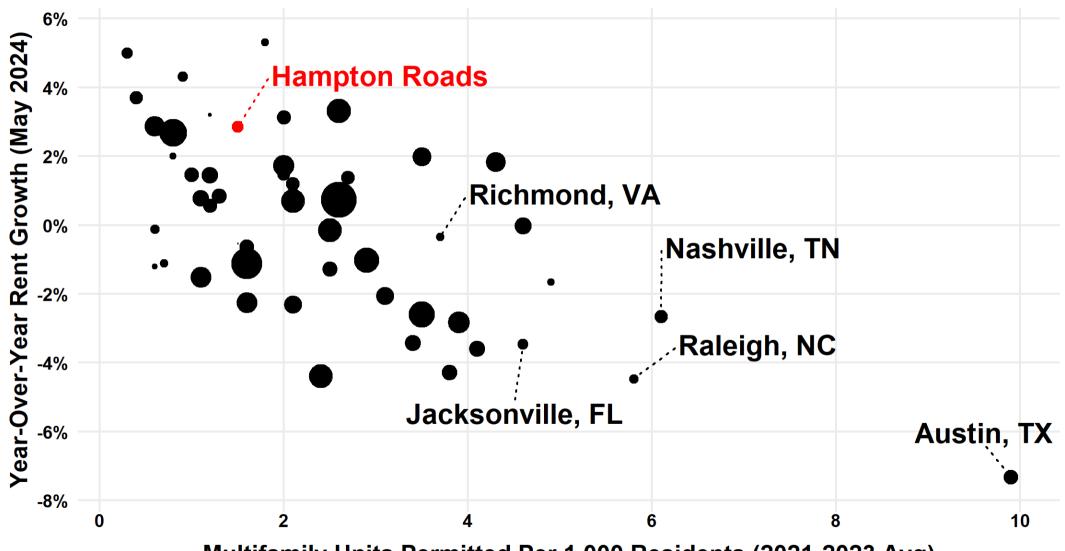
### Average Regulatory Costs as a Share of Total Multifamily Development Cost, 2022 NAHB-NMHC Survey



## Percentage Change in Housing Stock, Average Rent, and Homelessness Minneapolis and Minnesota, 2017 - 2022



## New Supply Driving Cooling Rents Top 50 Major MSAs in the United States, 2024



Multifamily Units Permitted Per 1,000 Residents (2021-2023 Avg)

## Current Housing Environment in Hampton Roads YTD May 2024 to YTD May 2025

	Percent Change
# of Existing Homes Sold	-1.8%
# of New Homes Sold	-15.0%
Median Sale Price	4.0%
New Listings	7.6%
Inventories of Existing Homes	29.9%
Market Time	9.3%
Months of Supply	29.6%

<sup>&</sup>lt;sup>a</sup> Sources: Real Estate Information Network and Old Dominion University Economic Forecasting Project. Figures reported here represent only those properties that are listed through REIN by its members.

## 2025 Outlook for Hampton Roads

- Defense spending will continue to provide a boost for the Hampton Roads Economy.
- Existing home sales are likely to stabilize but median prices are expected to increase at a much slower pace.
- Hampton Roads needs to develop a regional housing strategy and move towards uniformity in zoning regulations across cities and counties, higher density, more mixeduse developments, and reducing regulatory burdens that increase the cost of housing. Doing so will not only increase housing supply, it will also stabilize housing prices and spur economic growth.
- Going forward, uncertainty in Washington, especially on size and type of reduction in federal workforce, and changes in tariffs either by country, or by ownership or by commodities, will remain to be a major concern for the health and growth of the regional economy.

## **Upcoming Publications and Events**

- -- State of the Region Report (October 2025)
- -- State of the Commonwealth Report (December 2025)
- -- Text CEAPODU to 66866 to join our email list.
- -- Follow **DragasCenterODU** on Facebook and LinkedIn for up-to-date information and new economic developments.
- -- All our public presentation materials can be found at our website: www.ceapodu.com